

Testbank Chapter 1. An Introduction to the Human Body

Multiple Choice

- 1. This is the study of the functions of body structures.
 - a. Anatomy
 - b. Physiology
 - c. Dissection
 - d. Histology
 - e. Immunology

Ans: B

Difficulty: easy Feedback: 1.1

- 2. This is defined as a group of cells with similar structure and function.
 - a. Tissue
 - b. Organ
 - c. Molecules
 - d. Compounds
 - e. Organism

Ans: A

Difficulty: easy Feedback: 1.2

- 3. Using your fingers to find your pulse on your wrist is an example of
 - a. Auscultation
 - b. Palpation
 - c. Responsiveness
 - d. Gross anatomy
 - e. Physiologist

Ans: B

Difficulty: medium

Feedback: 1.2

- 4. Percussion techniques can be used to determine
 - a. Heart beats
 - b. Pulse rate
 - c. Amplify sounds
 - d. Fluid in the lungs
 - e. Enlarged organs

Ans: D

Difficulty: medium Feedback: 1.2

- 5. This is the sum of all cellular processes that occur in the body.
 - a. Metabolism
 - b. Anabolism
 - c. Catabolism
 - d. Auscultation
 - e. Palpation

Ans: A

Difficulty: hard Feedback: 1.3

6. List the basic processes of life.

Ans: The basic processes of life include metabolism, responsiveness, movement, growth, differentiation and reproduction.

Difficulty: medium Feedback: 1.3

- 7. This is the regulation of body conditions within normal limits.
 - a. Palpation
 - b. Percussion
 - c. Homeostasis
 - d. Autopsy
 - e. Histology

Ans: C

Difficulty: easy Feedback: 1.4

- 8. The systems that provide homeostasis are:
 - a. Cardiovascular and Integumentary
 - b. Nervous system and Endocrine
 - c. Cardiovascular and respiratory systems
 - d. Respiratory and muscular systems
 - e. Urinary and integumentary systems

Ans: B

Difficulty: easy Feedback: 1.4

- 9. This body fluid directly affects the proper functioning of cells.
 - a. Lymph
 - b. Blood
 - c. Interstitial fluid
 - d. Aqueous humor
 - e. Vitreous body

Ans: C

Difficulty: medium Feedback: 1.4

10. Name the differences between a positive and a negative feedback system.

Ans: A positive feedback system will strengthen or reinforce a change in one of the body's controlled conditions while a negative feedback system will reverse a change in a controlled condition.

- 11. This is the structure of a feedback system that receives output from the control center.
 - a. Receptor
 - b. Body fluids
 - c. Brain
 - d. Effector
 - e. Afferent

Ans: D

Difficulty: medium Feedback: 1.4

- 12. This is the structure of a feedback system that provides input to the control center.
 - a. Receptor
 - b. Muscle
 - c. Brain
 - d. Effector
 - e. Efferent

Ans: A

Difficulty: medium Feedback: 1.4

- 13. A condition NOT regulated by a negative feedback loop would be:
 - a. Childbirth
 - b. Body temperature
 - c. Blood pressure
 - d. Heart rate
 - e. Blood sugar

Ans: A

Difficulty: medium Feedback: 1.4

- 14. This is a change in body function that can be measured objectively.
 - a. Symptom
 - b. Disorder
 - c. Disturbance
 - d. Disease
 - e. Sign

Ans: E

15. Describe the anatomical position.

Ans: In the anatomical position the subject stands erect facing the observer with the head level and the eyes facing forward. The feet are flat on the floor and directed forward and the arms are at the sides with the palms turned forward.

Difficulty: medium Feedback: 1.5

Multiple Choice

- 16. In which cavity is the brain located?
 - a. Cranial cavity
 - b. Vertebral cavity
 - c. Abdominal cavity
 - d. Pericardial cavity
 - e. Pleural cavity

Ans: A

Difficulty: Easy Feedback: 1.5

- 17. In which cavity are the lungs located?
 - a. Cranial cavity
 - b. Vertebral cavity
 - c. Abdominal cavity
 - d. Pericardial cavity
 - e. Pleural cavity

Ans: E

Difficulty: Easy Feedback: 1.5

- 18. In which cavity is the stomach located?
 - a. Cranial cavity

- b. Vertebral cavity
- c. Abdominal cavity
- d. Pericardial cavity
- e. Pleural cavity

Ans: C

Difficulty: Easy Feedback: 1.5

- 19. This cavity is inferior to the abdominopelvic cavity.
 - a. Vertebral canal
 - b. Cranial cavity
 - c. Abdominal cavity
 - d. Pericardial cavity
 - e. Pelvic cavity

Ans: E

Difficulty: medium Feedback: 1.5

- 20. Which cavity would include the heart?
 - a. Cranial cavity
 - b. Vertebral cavity
 - c. Abdominal cavity
 - d. Pericardial cavity
 - e. Pleural cavity

Ans: D

Difficulty: Easy Feedback: 1.5

- 21. The function of the secretions of the serous membrane is to:
 - a. Separate the thoracic and abdominal cavities
 - b. Protect the central nervous system
 - c. Prevent infection
 - d. Reduce friction between organs
 - e. Carry nervous impulses

Ans: D

Difficulty: Medium

Feedback: 1.5

- 22. This plane divides the body into right and left halves.
 - a. Frontal
 - b. Sagittal
 - c. Transverse
 - d. Oblique
 - e. Coronal

Ans: B

Difficulty: medium Feedback: 1.5

- 23. This plane divides the body into anterior and posterior halves.
 - a. Frontal
 - b. Sagittal
 - c. Transverse
 - d. Oblique
 - e. Midsagittal

Ans: A

Difficulty: medium Feedback: 1.5

- 24. A transverse plane will cut a body or organ into
 - a. Anterior and posterior
 - b. Left and right
 - c. Superior and inferior
 - d. At an angle
 - e. Unequal left and right sides

Ans: C

- 25. This directional term means farthest from the midline.
 - a. Medial
 - b. Anterior

- c. Proximal d. Deep e. Lateral Ans: E Difficulty: medium Feedback: 1.5 26. This directional term means farther from the attachment of a limb to the trunk or farther from the origination of a structure. a. Deep b. Contralateral c. Lateral d. Cephalic e. Distal Ans: E Difficulty: medium Feedback: 1.5 27. This directional term is the opposite of deep. a. Superficial b. Superior c. Inferior d. Distal e. Proximal Ans: A Difficulty: medium Feedback: 1.6 28. Choose the directional term that would make the sentence correct. The heart is to the liver. a. Inferior
 - b. Anteriorc. Contralateral
 - d. Superior
 - a. Superior
 - e. Superficial

Ans: D

Difficulty: medium Feedback: 1.5

29. Choose the directional term that would make the sentence correct: The sternum is

____ to the heart.

- a. Posterior
- b. Anterior
- c. Inferior
- d. Superior
- e. Lateral

Ans: B

Difficulty: medium Feedback: 1.5

- 30. Which of the following organs is not found in the abdominal cavity?
 - a. Stomach
 - b. Spleen
 - c. Liver
 - d. Gallbladder
 - e. Diaphragm

Ans: E

Difficulty: medium Feedback: 1.5

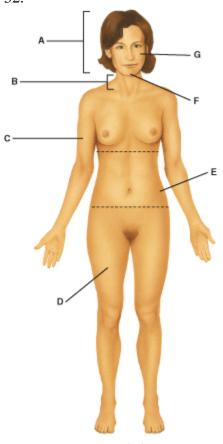
- 31. This covers the viscera within the thoracic and abdominal cavities and lines the walls of the thorax and abdomen.
 - a. Pericardium
 - b. Pleura
 - c. Mediastinum
 - d. Diaphragm
 - e. Serous membrane

Ans: E

Difficulty: medium

Feedback: 1.5

32.

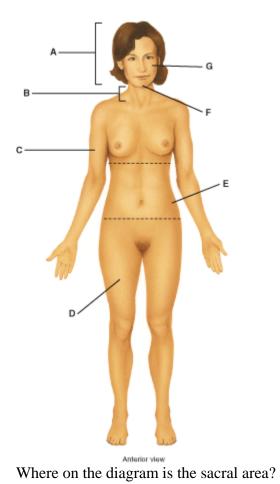


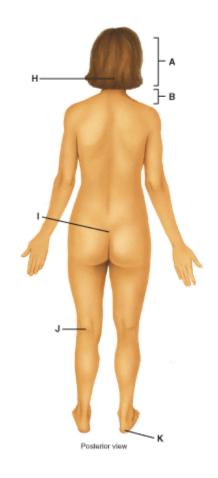
Where on the diagram is the femoral area?

Posterior view

- a. D
- b. E
- c. F
- d. J
- e. K

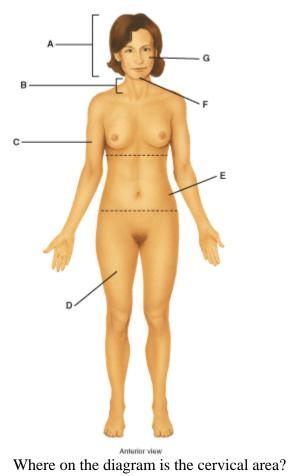
Ans: A

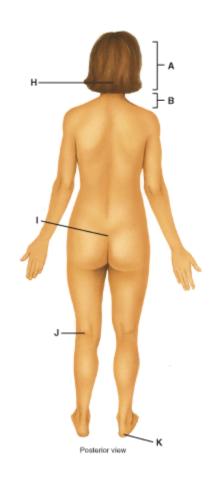




- a. C
- b. D
- c. E
- d. I
- e. J

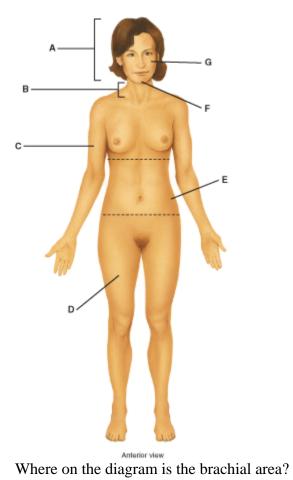
Ans: D

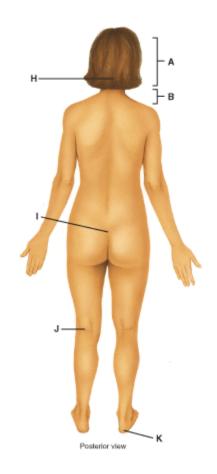




- a. C
- b. E
- c. J
- d. K
- e. A

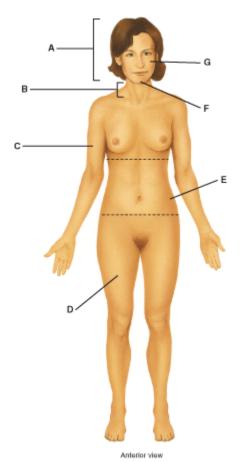
Ans: E

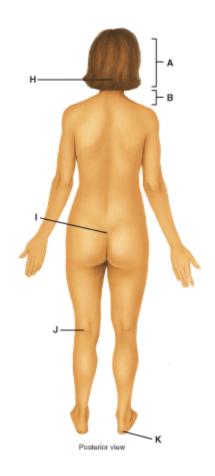




- a. C
- b. E
- c. I
- d. K e. D

Ans: C

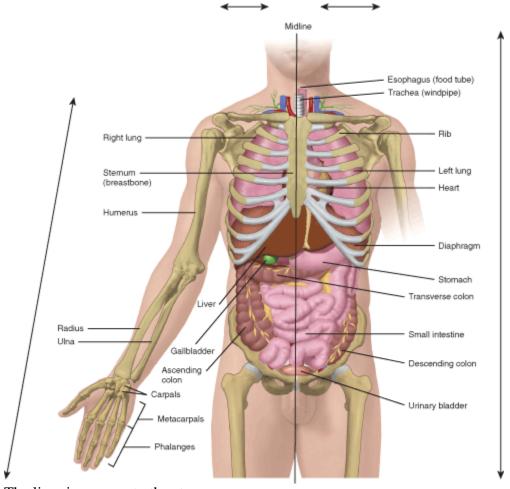




Where on the diagram is the popliteal area?

- a. H
- b. I
- c. J
- d. D
- e. E

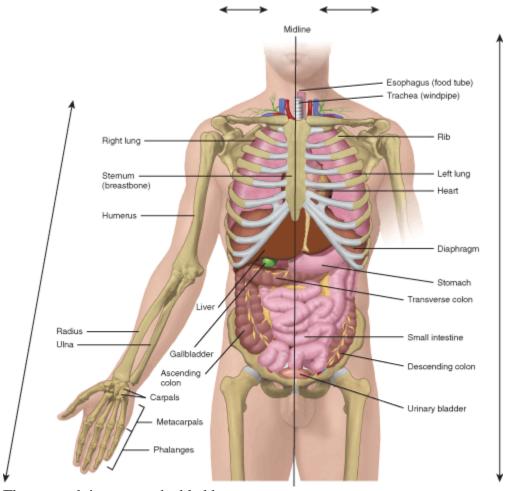
Ans: C



The liver is _____ to the sternum.

- a. Lateral
- b. Medial
- c. Proximal
- d. Distal
- e. Superior

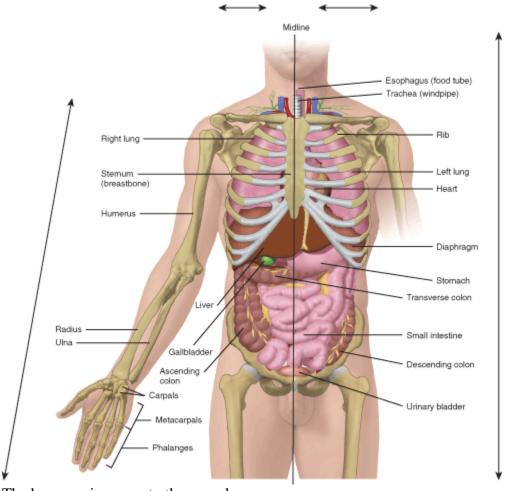
Ans: A



The stomach is _____ to the bladder.

- a. Lateral
- b. Medial
- c. Distal
- d. Inferior
- e. Superior

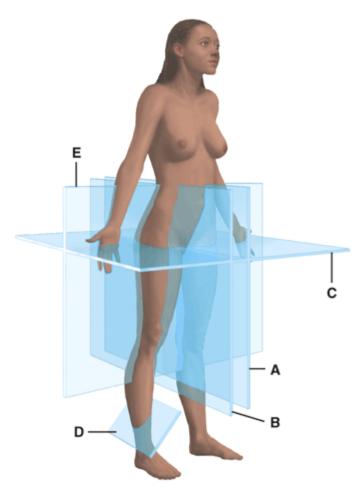
Ans: E



The humerus is _____ to the scapula.

- a. Proximal
- b. Distal
- c. Medial
- d. Superior
- e. Anterior

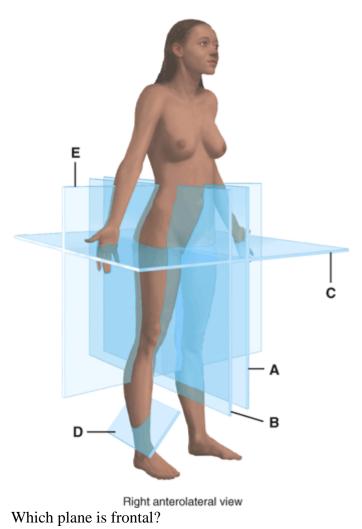
Ans: B



Right anterolateral view Which plane is parasagittal?

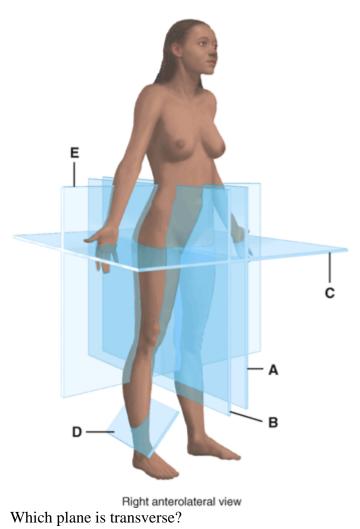
- a. A
- b. B
- c. C
- d. D
- e. E

Ans: B



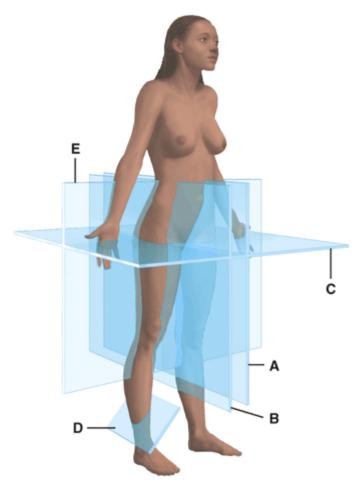
- a. A
- b. B
- c. C
- d. D
- e. E

Ans: E



- a. A
- b. B
- c. C
- d. D
- e. E

Ans: C



Right anterolateral view Which plane is oblique?

- a. A
- b. B
- c. C
- d. D
- e. E

Ans: D

Difficulty: medium Feedback: 1.5

Essay

44. Name the cavities of the trunk and the serous membranes that line them.

Ans: The four cavities are the pericardial, pleural, abdominal and pelvic. The pericardial membrane is lined by the pericardium. The pleura lines the pleural cavity. The abdominal and pelvic cavities are lined by the peritoneum.

Difficulty: medium Feedback: 1.5

45. List the eleven systems of the human body.

Ans: The eleven system of the human body include the integumentary, skeletal, muscular, nervous, digestive, urinary, respiratory, immune and lymphatic, cardiovascular, endocrine, and reproductive systems.

Difficulty: medium Feedback: 1.2

46. Name the structural levels of the body and describe each level.

Ans: The chemical level consists of atoms and molecules which are formed from the atoms. The cell level consists of cells which are the smallests form of life. The tissue level consists of groups of cells that work to provide a single function. The organ level consists of organs, constructed of different types of tissue, that can provide several different specific functions. The systems consist of one to many organs that are interlinked in general functions. The organism is made up of all of the systems which work to provide homeostasis.

Difficulty: Hard Feedback: 1.2

47. List and briefly describe the six basic life processes.

Ans: The six basic life processes include metabolism, which is the sum of all chemical processes in the body. Responsiveness is the body's ability to detect and respond to internal and external stimuli. Movement includes motion of an individual cell to the entire body. Growth means an increase in body size or an increase in the number of cells. Differentiation is the process from taking a cell from unspecialized to specialized. Reproduction refers to formation of new cells for growth and repair or production of a new individual.

Difficulty: hard Feedback: 1.3

48. Describe a feedback system and list the components.

Ans: A feedback loop is a cycle of events in which the status of the body condition is monitored, evaluated and changed to maintain homeostasis. A feedback system will include a receptor that detects the stimuli, a control central that receives the input from the receptor and generates an output and an effector that that produces a response.