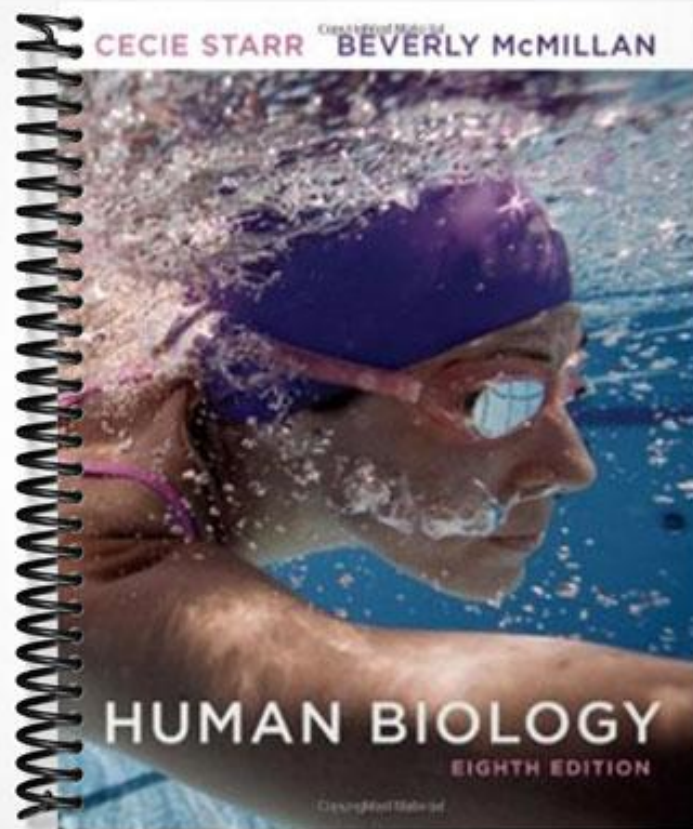


TEST BANK



CHAPTER 2--CHEMISTRY OF LIFE

Student: _____

1. How much fat does the human body require each day?
 - A. one cup
 - B. one ounce
 - C. 1/4 cup
 - D. one tablespoon
 - E. one teaspoon
2. Fats that appear to be most dangerous to the human body are
 - A. saturated fats.
 - B. trans fats.
 - C. monounsaturated fats.
 - D. polyunsaturated fats.
 - E. non-hydrogenated vegetable oils.
3. Hardening of the arteries is known as
 - A. multiple sclerosis.
 - B. osteosclerosis.
 - C. atherosclerosis.
 - D. otosclerosis.
 - E. tuberous sclerosis.
4. An element that represents less than 0.01 percent of body weight is known as a(n)
 - A. compound.
 - B. trace element.
 - C. molecule.
 - D. isotope.
 - E. analog.
5. Which is the smallest portion of a substance that retains the properties of an element?
 - A. atom
 - B. compound
 - C. ion
 - D. molecule
 - E. mixture

6. How many natural elements exist on Earth?
- A. 100
 - B. 112
 - C. 88
 - D. 96
 - E. 110
7. Which subatomic particle has a positive charge?
- A. electron
 - B. neutron
 - C. photon
 - D. neutrino
 - E. proton
8. Which two subatomic particles are almost always equal in number?
- A. electrons and neutrons
 - B. protons and neutrons
 - C. protons and electrons
 - D. photons and electrons
 - E. neutrons and neutrinos
9. Organisms consist mostly of four elements. They are carbon, hydrogen, oxygen, and
- A. iron.
 - B. chlorine.
 - C. silicon.
 - D. nitrogen.
 - E. phosphorous.
10. The atomic number refers to the
- A. mass of an atom.
 - B. number of protons in an atom.
 - C. number of both protons and neutrons in an atom.
 - D. number of neutrons in an atom.
 - E. number of electrons in an atom.
11. An element's mass number is equal to the sum of its
- A. protons and electrons.
 - B. protons and neutrons.
 - C. electrons and neutrons.
 - D. protons only.
 - E. electrons only.

12. Isotopes
- A. are identical in mass number to the "standard" element.
 - B. contain a different number of electrons than the "standard" element.
 - C. contain a different number of protons than the "standard" element.
 - D. contain the same number of protons but a different number of neutrons than the "standard" element.
 - E. are actually a different element than the "standard" element.
13. Radioisotopes
- A. are unstable and emit energy and particles to stabilize themselves.
 - B. are different elements from the "standard" elements.
 - C. are very stable and do not change over time.
 - D. contain more electrons than the "standard" element.
 - E. contain less electrons than the "standard" element.
14. The negative subatomic particle is (are) the
- A. neutron.
 - B. proton.
 - C. electron.
 - D. neutron and proton.
 - E. proton and electron.
15. The neutral subatomic particle is (are) the
- A. neutron.
 - B. proton.
 - C. electron.
 - D. neutron and proton.
 - E. none of these.
16. The nucleus of an atom contains
- A. neutrons and protons.
 - B. neutrons and electrons.
 - C. protons and electrons.
 - D. protons only.
 - E. neutrons only.
17. Which element does not contain a neutron in its nucleus?
- A. helium
 - B. carbon
 - C. oxygen
 - D. hydrogen
 - E. nitrogen

18. Transmutation of an element (the change of an element into a different element) occurs due to
- A. exposure to strong sunlight.
 - B. exposure to certain chemicals.
 - C. natural aging of the element.
 - D. combining with another element.
 - E. radioactive decay.
19. Due to radioactive decay, carbon 14 becomes
- A. oxygen 16.
 - B. nitrogen 14.
 - C. hydrogen 1.
 - D. sodium 23.
 - E. carbon 12.
20. All atoms of an element have the same number of
- A. ions.
 - B. protons.
 - C. neutrons.
 - D. electrons.
 - E. protons and neutrons.
21. A sugar or other molecule in which radioisotopes have been substituted for some atoms is a(n)
- A. enzyme.
 - B. reactant.
 - C. tracer.
 - D. subatomic particle.
 - E. quark.
22. Positron Emission Tomography utilizes _____ to yield results of a scan.
- A. tracers
 - B. x-rays
 - C. neutrinos
 - D. photons
 - E. mesons
23. The time it takes for half of a quantity of a radioisotope to decay into a more stable isotope is
- A. the same for all elements.
 - B. decay time.
 - C. half-life.
 - D. disintegration time.
 - E. dependent on temperature.

24. A tracer is a substance with what attached to it?
- A. water
 - B. carbon
 - C. a radioisotope
 - D. an ion
 - E. a positron
25. PET (positron-emission tomography) scans use radioisotopes attached to what substances to detect abnormalities?
- A. other radioisotopes
 - B. subatomic particles
 - C. carbon atoms
 - D. glucose or other biological molecules
 - E. plutonium
26. The time it takes for half of a quantity of a radioisotope to decay into a more stable isotope is
- A. the same for all elements.
 - B. decay time.
 - C. half-life.
 - D. disintegration time.
 - E. dependent on temperature.
27. The element in the human body with the highest retail cost is
- A. oxygen.
 - B. uranium.
 - C. hydrogen.
 - D. calcium.
 - E. phosphorus.
28. The element in the body with the greatest number of atoms is
- A. phosphorus.
 - B. oxygen.
 - C. hydrogen.
 - D. calcium.
 - E. carbon.
29. Which of the following is NOT a compound?
- A. salt
 - B. sugar
 - C. carbon
 - D. oxygen gas
 - E. water

30. Electrons move around the atomic nucleus in
- A. zigzag patterns.
 - B. straight paths.
 - C. shells.
 - D. two dimensions.
 - E. one dimension.
31. Electrons inside a shell travel in
- A. straight paths.
 - B. orbitals
 - C. zigzag patterns
 - D. two dimensions
 - E. one dimension
32. The maximum number of electrons in a shell is
- A. two.
 - B. four.
 - C. six.
 - D. eight.
 - E. ten.
33. A union between the electron structures of atoms is a(n)
- A. chemical bond.
 - B. hydrogen bond.
 - C. isotopic bond.
 - D. physical bond.
 - E. none of these.
34. When an atom's outer shell is filled it is
- A. unstable.
 - B. an ion.
 - C. most stable.
 - D. polarized.
 - E. negatively charged.
35. Which of the following is not one of the four most abundant elements in the body?
- A. carbon
 - B. hydrogen
 - C. oxygen
 - D. nitrogen
 - E. calcium

36. The bonding of two or more atoms creates a(n)
- ion.
 - molecule.
 - mixture.
 - suspension.
 - particle.
37. Atoms without vacancies are considered to be
- ions.
 - negatively charged.
 - positively charged.
 - inert.
 - highly active.
38. Choose the correct formula for the reaction that takes place between hydrogen and oxygen to produce water.
- $H + O \rightarrow H_2O$
 - $H^2 + O \rightarrow H_2O$
 - $2H + O \rightarrow 2H_2O$
 - $2H_2 + O \rightarrow 4H_2O$
 - $2H_2 + 2O_2 \rightarrow 2H_2O$
39. A(n) _____ consists of two or more bonded elements in proportions that never vary.
- ion
 - mixture
 - compound
 - network solid
 - satisfied orbital
40. When two or more molecules simply mingle, a(n) _____ is created.
- compound
 - mixture
 - molecule
 - ionic compound
 - suspension
41. An atom that is considered *inert* is
- oxygen.
 - hydrogen.
 - nitrogen.
 - carbon.
 - helium.

42. Water is an example of a(n)
- A. atom.
 - B. ion.
 - C. compound.
 - D. mixture.
 - E. element.
43. Which of the following answers include all the others?
- A. atoms
 - B. molecules
 - C. electrons
 - D. elements
 - E. protons
44. Which of the following is NOT an element?
- A. water
 - B. oxygen
 - C. carbon
 - D. chlorine
 - E. hydrogen
45. A molecule is
- A. a combination of two or more atoms.
 - B. less stable than its constituent atoms separated.
 - C. electrically charged.
 - D. a carrier of one or more extra neutrons.
 - E. none of these.
46. A bond that joins atoms that have opposite charges is a(n)
- A. covalent bond.
 - B. hydrogen bond.
 - C. ionic bond.
 - D. coordinate covalent bond.
 - E. polar covalent bond.
47. What is formed when an atom loses or gains an electron?
- A. a molecule
 - B. an ion
 - C. a compound
 - D. a mixture
 - E. a solvent

48. Generally, an atom carries no charge because it has as many electrons as
- A. neutrons.
 - B. orbitals.
 - C. shells.
 - D. protons.
 - E. neutrinos.
49. The bond in table salt (NaCl) is
- A. polar.
 - B. ionic.
 - C. covalent.
 - D. double.
 - E. nonpolar.
50. The bond formed when atoms share electrons is a(n) _____ bond.
- A. hydrogen
 - B. ionic
 - C. covalent
 - D. crystalline
 - E. network
51. A hydrogen bond is
- A. a sharing of a pair of electrons between a hydrogen and an oxygen nucleus.
 - B. a sharing of a pair of electrons between a hydrogen nucleus and either an oxygen or a nitrogen nucleus.
 - C. an attractive force that involves a hydrogen atom and an oxygen or a nitrogen atom that are either in two different molecules or within the same molecule.
 - D. none of these.
 - E. all of these.
52. A water molecule is an example of which type of molecule?
- A. polar covalent
 - B. nonpolar covalent
 - C. ionic
 - D. coordinate covalent
 - E. network
53. Molecular hydrogen is an example of which type of molecule?
- A. polar covalent
 - B. nonpolar covalent
 - C. ionic
 - D. coordinate covalent
 - E. network

54. In a polar covalent bond, the atoms of the different elements do not share electrons equally because
- A. one is a metal and one is a non-metal.
 - B. both are metals.
 - C. both are non-metals.
 - D. one element has more neutrons.
 - E. one element has more protons.
55. Which type of bond holds the two strands of DNA together?
- A. ionic
 - B. network
 - C. polar covalent
 - D. hydrogen
 - E. non-polar covalent
56. Which type of bond makes water liquid?
- A. ionic
 - B. covalent
 - C. polar covalent
 - D. nonpolar covalent
 - E. hydrogen
57. How do hydrophobic molecules interact with water?
- A. attracted to
 - B. absorbed by
 - C. repelled by
 - D. mixed with
 - E. polarized bond
58. Why does water have a high heat capacity?
- A. because it has covalent bonds
 - B. because it has ionic bonds
 - C. because it has hydrogen bonds
 - D. because it has a high boiling point
 - E. because it has a low freezing point
59. What makes water a solvent?
- A. Fats dissolve in it.
 - B. Ions and polar molecules dissolve in it.
 - C. It mixes well with alcohol.
 - D. It evaporates easily.
 - E. It contains no minerals.

60. Water stabilizes body temperature and dissolves many substances because
- A. it evaporates easily.
 - B. its molecules are covalent.
 - C. its molecules are ionic.
 - D. it contains hydrogen bonds.
 - E. it is free of minerals.
61. A salt will dissolve in water to form
- A. acids.
 - B. gases.
 - C. ions.
 - D. bases.
 - E. polar solvents.
62. The process in which an atom or molecule loses one or more electrons to another atom or molecule is called
- A. reduction.
 - B. dehydration.
 - C. oxidation.
 - D. condensation.
 - E. hydrolysis.
63. The many oxidation reactions that take place in our bodies cause the formation of
- A. free radicals.
 - B. antioxidants.
 - C. covalent molecules.
 - D. ionic molecules.
 - E. hydrogen bonds.
64. A free radical will "steal" what particle from a stable molecule?
- A. a proton
 - B. a neutron
 - C. an atom
 - D. an electron
 - E. a positron
65. Substances that give up an electron to a free radical are called
- A. reducing agents.
 - B. oxidizing agents.
 - C. neutralizing agents.
 - D. antibiotics.
 - E. antioxidants

66. Antioxidant-rich foods are typically
- A. low in fat and high in fiber.
 - B. high in fat and low in fiber.
 - C. high in sugars and low in fat.
 - D. high in fiber and high in fat.
 - E. low in sugars and high in fiber.
67. Natural sources of antioxidants include
- A. vitamin C.
 - B. vitamin E.
 - C. orange vegetables.
 - D. green leafy vegetables.
 - E. all of these
68. The pH scale measures the
- A. hydroxide ion concentration.
 - B. concentration of a water-based solution.
 - C. hydrogen ion concentration.
 - D. number of water molecules in a solution.
 - E. concentration of dissolved solute.
69. A reaction of a strong acid and a strong base will produce water and
- A. a buffer.
 - B. a salt.
 - C. gas.
 - D. solid precipitate.
 - E. solute.
70. Which of the following would NOT be used in connection with the word *acid*?
- A. excess hydrogen ions
 - B. contents of the stomach
 - C. magnesium hydroxide
 - D. pH less than 7
 - E. HCl
71. Fluid inside most human cells is about
- A. pH 7.
 - B. pH 9.
 - C. pH 4.
 - D. pH 11.
 - E. pH 2.

72. Smoke from fossil fuels, motor vehicle exhaust, and nitrogen fertilizers can lead to
- A. greater cloud formation.
 - B. acid rain.
 - C. basic rain.
 - D. rain with high mineral content.
 - E. salted rain.
73. Cellular pH is kept near a value of 7 because of
- A. salts.
 - B. buffers.
 - C. acids.
 - D. bases.
 - E. water.
74. H_2CO_3 is
- A. sulfuric acid.
 - B. carbonic acid.
 - C. carbolic acid.
 - D. hydrochloric acid.
 - E. nitric acid.
75. HCl in the stomach acts to
- A. neutralize buffers.
 - B. kill harmful bacteria.
 - C. switch on certain digestive enzymes.
 - D. both a and b.
 - E. both b and c.
76. A buffer system
- A. makes new hydrogen ions.
 - B. eliminates hydrogen ions already present.
 - C. binds hydrogen ions.
 - D. releases hydrogen ions.
 - E. both c and d.
77. A pH of 10 is how many times as basic as a pH of 7?
- A. 2
 - B. 3
 - C. 10
 - D. 100
 - E. 1000

78. A buildup of H_2CO_3 in the blood will lead to
- A. alkalosis.
 - B. calcium buildup.
 - C. acidosis.
 - D. hydroxide ion increase.
 - E. HCO_3^- increase.
79. What substances will release hydrogen ions when their concentration is low and accept them when their concentration is high?
- A. salts
 - B. acids
 - C. bases
 - D. buffers
 - E. alkalies
80. If a molecule contains carbon and at least one atom of hydrogen, it is referred to as being
- A. inorganic.
 - B. acidic.
 - C. basic.
 - D. organic.
 - E. crystalline.
81. Each carbon atom can share pairs of electrons with as many as ____ other atoms.
- A. 2
 - B. 3
 - C. 4
 - D. 5
 - E. 6
82. Atoms or clusters of atoms that are covalently bonded to carbon and influence the behavior of organic compounds are known as
- A. functional groups.
 - B. ions.
 - C. acids.
 - D. network solids.
 - E. anhydrides.
83. Proteins that speed up reactions are known as
- A. salts.
 - B. buffers.
 - C. monomers.
 - D. polymers.
 - E. enzymes.

84. Which element makes up more than half of the human body?
- A. calcium
 - B. hydrogen
 - C. oxygen
 - D. carbon
 - E. nitrogen
85. Condensation reactions are also referred to as
- A. hydrolysis.
 - B. dehydration synthesis.
 - C. lytic reactions.
 - D. recombination.
 - E. transmutation.
86. The three most common atoms in your body are
- A. hydrogen, oxygen, and carbon.
 - B. carbon, hydrogen, and nitrogen.
 - C. carbon, nitrogen, and oxygen.
 - D. nitrogen, hydrogen, and oxygen.
 - E. carbon, oxygen, and sulfur.
87. A large molecule built of three to millions of subunits is a(n)
- A. monomer.
 - B. ion.
 - C. polymer.
 - D. enzyme.
 - E. functional unit.
88. The process by which two molecules covalently bond into a larger one is
- A. condensation.
 - B. cleavage.
 - C. functional group transfer.
 - D. electron transfer.
 - E. rearrangement.
89. The process by which a molecule splits into two smaller ones is
- A. condensation.
 - B. cleavage.
 - C. functional group transfer.
 - D. electron transfer.
 - E. rearrangement.

90. The process by which one or more electrons from one molecule are donated to another molecule is
- A. condensation.
 - B. cleavage.
 - C. functional group transfer.
 - D. electron transfer.
 - E. rearrangement.
91. The process by which a molecule gives up a functional group, and a different molecule immediately accepts it, is
- A. condensation.
 - B. cleavage.
 - C. functional group transfer.
 - D. electron transfer.
 - E. rearrangement.
92. The process by which the movement of internal bonds converts one type of organic compound to another is
- A. condensation.
 - B. cleavage.
 - C. functional group transfer.
 - D. electron transfer.
 - E. rearrangement.
93. The insertion of water (H^+ and OH^-) into an enzymatically split molecule is
- A. hydrolysis.
 - B. dehydration synthesis.
 - C. condensation.
 - D. cleavage.
 - E. polymerization.
94. Which of the following includes all of the others?
- A. sucrose
 - B. glucose
 - C. cellulose
 - D. glycogen
 - E. carbohydrate
95. Which of the following is a building block of carbohydrates?
- A. glycerol
 - B. nucleotide
 - C. simple sugar
 - D. monosaccharide
 - E. glucose

96. Which of the following is composed of a 1:2:1 ratio of carbon to hydrogen to oxygen?

- A. carbohydrate
- B. protein
- C. lipid
- D. nucleic acid
- E. steroid

97. Which vitamin is derived from sugar monomers?

- A. vitamin D
- B. vitamin E
- C. vitamin C
- D. vitamin A
- E. vitamin B₁₂

98. Which simple sugar is the main energy source for body cells?

- A. fructose
- B. sucrose
- C. lactose
- D. glucose
- E. galactose

99. Which of the following is not a monosaccharide?

- A. glucose
- B. fructose
- C. deoxyribose
- D. starch
- E. ribose

100. The most plentiful sugar in nature is

- A. glucose.
- B. fructose.
- C. sucrose.
- D. lactose.
- E. glycogen.

101. Most of the carbohydrates eaten by humans are in the form of

- A. monosaccharides.
- B. polysaccharides.
- C. oligosaccharides.
- D. disaccharides.
- E. five carbon sugars.

102. Fructose and glucose are

- A. isotopes.
- B. monosaccharides.
- C. disaccharides.
- D. six-carbon sugars.
- E. monosaccharides and six-carbon sugars.

103. Sucrose is composed of

- A. two molecules of fructose.
- B. two molecules of glucose.
- C. a molecule of fructose and a molecule of glucose.
- D. a molecule of fructose and a molecule of galactose.
- E. two molecules of glucose

104. Plants store a large amount of glucose in the form of

- A. starch.
- B. glycogen.
- C. glucose.
- D. cellulose.
- E. fats.

105. Stored sugar in animal muscles and liver is in the form of

- A. starch.
- B. glycogen.
- C. glucose.
- D. cellulose.
- E. fats.

106. A lipid is a

- A. polar hydrocarbon.
- B. polar peptide.
- C. nonpolar hydrocarbon.
- D. nonpolar peptide.
- E. coordinate covalent molecule.

107. A saturated hydrocarbon molecule has

- A. three double bonds.
- B. one double bond.
- C. one double and one triple bond.
- D. all single bonds.
- E. all triple bonds.

108. A molecule consisting of three fatty acid tails attached to glycerol is a(n)

- A. carbohydrate.
- B. nucleic acid.
- C. triglyceride.
- D. amino acid.
- E. oil.

109. Which of the following are lipids?

- A. steroids
- B. triglycerides
- C. oils
- D. waxes
- E. all of these

110. The most abundant lipids in the body are

- A. oils.
- B. waxes.
- C. steroids.
- D. triglycerides.
- E. fatty acids.

111. Which type of fat, often the main ingredient in margarine, has been implicated in the development of certain heart diseases?

- A. triglycerides
- B. trans fatty acids
- C. cholesterol
- D. oils
- E. waxes

112. Triglycerides yield how much more energy, gram for gram, than carbohydrates?

- A. twice as much
- B. three times as much
- C. four times as much
- D. one half as much
- E. about the same amount

113. Which is the main material of cell membranes?

- A. lipids
- B. proteins
- C. phospholipids
- D. triglycerides
- E. fatty acids

114. Why do triglycerides yield more energy than carbohydrates?

- A. they have fewer removable electrons
- B. they have double bonds
- C. they contain glycerol
- D. they have more removable electrons
- E. fatty acids

115. Which sterol, often associated with heart disease, is a crucial component to the structure and function of cells?

- A. cholesterol
- B. triglycerides
- C. phospholipids
- D. cortisol
- E. estrogen

116. A derivative of cholesterol is

- A. vitamin D
- B. bile salts
- C. estrogen
- D. testosterone
- E. all of these

117. Which element is NOT characteristic of the primary structure of proteins?

- A. carbon
- B. hydrogen
- C. phosphorus
- D. sulfur
- E. nitrogen

118. Amino acids are the building blocks for

- A. proteins.
- B. carbohydrates.
- C. nucleic acids.
- D. fats.
- E. steroids.

119. What kind of bond exists between two amino acids?

- A. hydrogen
- B. glycosidic
- C. peptide
- D. ionic
- E. sulfhydroxyl

120. The sequence of amino acids is the _____ structure of a protein.
- A. primary
 - B. secondary
 - C. tertiary
 - D. quaternary
 - E. isomeric
121. How many amino acids are known to exist?
- A. 100
 - B. 50
 - C. 25
 - D. 20
 - E. 10
122. Proteins that speed up chemical reactions are
- A. substrates.
 - B. reactants.
 - C. enzymes.
 - D. amino acids.
 - E. carboxyl groups.
123. Which part of the amino acid helps to determine its chemical properties?
- A. the amino group
 - B. the carboxyl group
 - C. the covalent bonds
 - D. the peptide bond
 - E. the R group
124. What type of bond forms at regular, short intervals along a new polypeptide chain?
- A. ionic
 - B. covalent
 - C. glycosidic
 - D. hydrogen
 - E. coordinate covalent
125. Which structure makes a protein a molecule that can perform a particular function?
- A. primary
 - B. secondary
 - C. tertiary
 - D. quaternary
 - E. isomeric

126. Which of the following exhibits fourth level (quaternary) structure?
- A. amino acids
 - B. lipids
 - C. glycogen
 - D. hemoglobin
 - E. complex carbohydrate
127. Which is the most common protein in the body?
- A. muscle
 - B. collagen
 - C. hemoglobin
 - D. bone matrix
 - E. insulin
128. The disruption of a protein's three-dimensional structure is called
- A. condensation.
 - B. hydrolysis.
 - C. ionization.
 - D. oxidation.
 - E. denaturation.
129. A glycoprotein is a combination of a protein and
- A. heme.
 - B. oligosaccharides.
 - C. collagen.
 - D. fatty acids.
 - E. nucleic acids.
130. In addition to hydrogen bonding, what type of bonds may exist in the quaternary structure of a protein?
- A. ionic
 - B. coordinate
 - C. disulfide
 - D. network
 - E. diphosphate
131. A lipoprotein is a combination of a protein and
- A. cholesterol, triglycerides and phospholipids.
 - B. oligosaccharides.
 - C. fatty acids.
 - D. nucleic acids.
 - E. collagen.

132. Which of the following is NOT found in every nucleic acid?
- A. ribose
 - B. phosphate group
 - C. purine
 - D. pyrimidine
 - E. all of these are characteristic of every nucleic acid
133. What is the name for a molecule that accepts hydrogen atoms and electrons that are being removed from other molecules and transfers them to other sites for further use?
- A. enzyme
 - B. coenzyme
 - C. protein
 - D. lipid
 - E. steroid
134. Nucleotides are building blocks for
- A. proteins.
 - B. steroids.
 - C. lipids.
 - D. carbohydrates.
 - E. DNA, RNA, and ATP.
135. The nucleotide most closely associated with energy is
- A. cyclic AMP.
 - B. FAD.
 - C. ATP.
 - D. NAD.
 - E. NADPH.
136. Nucleotides contain what kind of sugars?
- A. three carbon
 - B. four carbon
 - C. five carbon
 - D. six carbon
 - E. seven carbon
137. Which molecule links chemical reactions that release energy with other reactions that require energy?
- A. DNA
 - B. RNA
 - C. NAD
 - D. ATP
 - E. cyclic AMP

138. Which type of bond holds the nucleotide bases together in a DNA molecule?

- A. hydrogen
- B. covalent
- C. ionic
- D. network
- E. peptide

139. Some pesticides can trigger

- A. hives.
- B. joint pain.
- C. headaches.
- D. asthma.
- E. all of these.

140. In what year did chemists begin developing synthetic toxins to protect crops?

- A. 1865
- B. 1900
- C. 1925
- D. 1945
- E. 1960

141. A positive effect associated with pesticide usage is

- A. killing disease-causing insects.
- B. killing some pathogens.
- C. increasing food supplies.
- D. increasing profits for farmers.
- E. all of these.

142. **Selecting the Exception**

Four of the five answers listed below possess electrons in the third orbital. The atomic number is at the right of the element. Select the exception.

- A. sodium (11)
- B. magnesium (12)
- C. chlorine (17)
- D. nitrogen (7)
- E. sulfur (16)

143. Selecting the Exception

Four of the five answers listed below are related by a unifying characteristic. Select the exception.

- A. ionic bond
- B. covalent bond
- C. polar bond
- D. hydrogen bond
- E. cluster of nonpolar groups

144. Selecting the Exception

Four of the five answers listed below are alkaline (pH above 7). Select the exception.

- A. milk of magnesia
- B. household ammonia
- C. Tums
- D. phosphate detergent
- E. cola soft drink

145. Selecting the Exception

Four of the five answers listed below are acidic (pH below 7). Select the exception.

- A. vinegar
- B. soft drink
- C. soap
- D. lemon juice
- E. beer

146. Selecting the Exception

Four of the five answers listed below are characteristics of water. Select the exception.

- A. stabilize temperature
- B. common solvent
- C. cohesion and surface tension
- D. produce salts
- E. change shape of hydrophilic and hydrophobic substances

147. Selecting the Exception

Four of the five answers listed below are related by a common chemical similarity. Select the exception.

- A. cellulose
- B. hydrochloric acid
- C. amino acid
- D. protein
- E. nucleic acid

148. Selecting the Exception

Four of the five answers listed below are related as members of the same group. Select the exception.

- A. glucose
- B. fructose
- C. cellulose
- D. ribose
- E. deoxyribose

149. Selecting the Exception

Four of the five answers below are related as members of the same group. Select the exception.

- A. lactose
- B. maltose
- C. sucrose
- D. table sugar
- E. glucose

150. Selecting the Exception

Four of the five answers listed below are carbohydrates. Select the exception.

- A. glycerol
- B. cellulose
- C. starch
- D. sucrose
- E. glycogen

151. Selecting the Exception

Four of the five answers listed below are lipids. Select the exception.

- A. triglyceride
- B. wax
- C. oil
- D. insulin
- E. steroid

152. Selecting the Exception

Four of the five answers listed below are saturated fats. Select the exception.

- A. butter
- B. bacon
- C. margarine
- D. animal fat
- E. lard

153. Selecting the Exception

Four of the five answers listed below are amino acids. Select the exception.

- A. tryptophan
- B. valine
- C. alanine
- D. adenine
- E. leucine

154. Selecting the Exception

Four of the five answers listed below are functional groups. Select the exception.

- A. R group
- B. amino group
- C. carboxyl group
- D. hydroxyl group
- E. methyl group

155. Selecting the Exception

Four of the five answers listed below are dissolved substances found in cells. Select the exception.

- A. nucleotides
- B. sugars
- C. amino acids
- D. alcohols
- E. fatty acids

156. Selecting the Exception

Four of the five answers listed below are long chains of sugars. Select the exception.

- A. polysaccharides
- B. oligosaccharides
- C. complex carbohydrates
- D. corn starch
- E. potato starch

157. Answer the questions by matching the name to the structure of the functional group.

- | | | |
|--------------------|-----------|-------|
| 1. PO | amino | _____ |
| 2. NH ⁴ | phosphate | _____ |
| 3. OH ² | carbonyl | _____ |
| 4. CHO | carboxyl | _____ |
| 5. COOH | hydroxyl | _____ |

158. Choose the one most appropriate answer for each.

- | | | |
|------------------|--|-------|
| 1. antioxidant | speeds up metabolic reactions | _____ |
| 2. enzyme | a six-carbon sugar | _____ |
| 3. glucose | neutralizes free radicals | _____ |
| 4. phospholipids | principal components of cell membranes | _____ |

159. **Classification.** Many different types of reactions take place within the cell. Use the following numbers to answer the questions.

- | | | |
|---|---------------------------|-------|
| 1. Two molecules covalently bond into another one. | Cleavage | _____ |
| 2. One molecule gives up a functional group, and a different molecule immediately accepts it. | Rearrangement | _____ |
| 3. A molecule splits into two smaller ones. | Condensation | _____ |
| 4. Moving internal bonds converts one type of organic compound to another. | Functional group transfer | _____ |
| 5. One or more electrons from one molecule are donated to another molecule. | Electron transfer | _____ |

CHAPTER 2--CHEMISTRY OF LIFE **Key**

1. How much fat does the human body require each day?
 - A. one cup
 - B. one ounce
 - C. 1/4 cup
 - D.** one tablespoon
 - E. one teaspoon
2. Fats that appear to be most dangerous to the human body are
 - A. saturated fats.
 - B.** trans fats.
 - C. monounsaturated fats.
 - D. polyunsaturated fats.
 - E. non-hydrogenated vegetable oils.
3. Hardening of the arteries is known as
 - A. multiple sclerosis.
 - B. osteosclerosis.
 - C.** atherosclerosis.
 - D. otosclerosis.
 - E. tuberous sclerosis.
4. An element that represents less than 0.01 percent of body weight is known as a(n)
 - A. compound.
 - B.** trace element.
 - C. molecule.
 - D. isotope.
 - E. analog.
5. Which is the smallest portion of a substance that retains the properties of an element?
 - A.** atom
 - B. compound
 - C. ion
 - D. molecule
 - E. mixture

6. How many natural elements exist on Earth?
- A. 100
 - B. 112
 - C. 88
 - D. 96**
 - E. 110
7. Which subatomic particle has a positive charge?
- A. electron
 - B. neutron
 - C. photon
 - D. neutrino
 - E. proton**
8. Which two subatomic particles are almost always equal in number?
- A. electrons and neutrons
 - B. protons and neutrons
 - C. protons and electrons**
 - D. photons and electrons
 - E. neutrons and neutrinos
9. Organisms consist mostly of four elements. They are carbon, hydrogen, oxygen, and
- A. iron.
 - B. chlorine.
 - C. silicon.
 - D. nitrogen.**
 - E. phosphorous.
10. The atomic number refers to the
- A. mass of an atom.
 - B. number of protons in an atom.**
 - C. number of both protons and neutrons in an atom.
 - D. number of neutrons in an atom.
 - E. number of electrons in an atom.
11. An element's mass number is equal to the sum of its
- A. protons and electrons.
 - B. protons and neutrons.**
 - C. electrons and neutrons.
 - D. protons only.
 - E. electrons only.

12. Isotopes
- A. are identical in mass number to the "standard" element.
 - B. contain a different number of electrons than the "standard" element.
 - C. contain a different number of protons than the "standard" element.
 - D.** contain the same number of protons but a different number of neutrons than the "standard" element.
 - E. are actually a different element than the "standard" element.
13. Radioisotopes
- A.** are unstable and emit energy and particles to stabilize themselves.
 - B. are different elements from the "standard" elements.
 - C. are very stable and do not change over time.
 - D. contain more electrons than the "standard" element.
 - E. contain less electrons than the "standard" element.
14. The negative subatomic particle is (are) the
- A. neutron.
 - B. proton.
 - C.** electron.
 - D. neutron and proton.
 - E. proton and electron.
15. The neutral subatomic particle is (are) the
- A.** neutron.
 - B. proton.
 - C. electron.
 - D. neutron and proton.
 - E. none of these.
16. The nucleus of an atom contains
- A.** neutrons and protons.
 - B. neutrons and electrons.
 - C. protons and electrons.
 - D. protons only.
 - E. neutrons only.
17. Which element does not contain a neutron in its nucleus?
- A. helium
 - B. carbon
 - C. oxygen
 - D.** hydrogen
 - E. nitrogen

18. Transmutation of an element (the change of an element into a different element) occurs due to
- A. exposure to strong sunlight.
 - B. exposure to certain chemicals.
 - C. natural aging of the element.
 - D. combining with another element.
 - E.** radioactive decay.
19. Due to radioactive decay, carbon 14 becomes
- A. oxygen 16.
 - B.** nitrogen 14.
 - C. hydrogen 1.
 - D. sodium 23.
 - E. carbon 12.
20. All atoms of an element have the same number of
- A. ions.
 - B.** protons.
 - C. neutrons.
 - D. electrons.
 - E. protons and neutrons.
21. A sugar or other molecule in which radioisotopes have been substituted for some atoms is a(n)
- A. enzyme.
 - B. reactant.
 - C.** tracer.
 - D. subatomic particle.
 - E. quark.
22. Positron Emission Tomography utilizes _____ to yield results of a scan.
- A.** tracers
 - B. x-rays
 - C. neutrinos
 - D. photons
 - E. mesons
23. The time it takes for half of a quantity of a radioisotope to decay into a more stable isotope is
- A. the same for all elements.
 - B. decay time.
 - C.** half-life.
 - D. disintegration time.
 - E. dependent on temperature.

24. A tracer is a substance with what attached to it?
- A. water
 - B. carbon
 - C. a radioisotope**
 - D. an ion
 - E. a positron
25. PET (positron-emission tomography) scans use radioisotopes attached to what substances to detect abnormalities?
- A. other radioisotopes
 - B. subatomic particles
 - C. carbon atoms
 - D. glucose or other biological molecules**
 - E. plutonium
26. The time it takes for half of a quantity of a radioisotope to decay into a more stable isotope is
- A. the same for all elements.
 - B. decay time.
 - C. half-life.**
 - D. disintegration time.
 - E. dependent on temperature.
27. The element in the human body with the highest retail cost is
- A. oxygen.
 - B. uranium.
 - C. hydrogen.
 - D. calcium.
 - E. phosphorus.**
28. The element in the body with the greatest number of atoms is
- A. phosphorus.
 - B. oxygen.
 - C. hydrogen.**
 - D. calcium.
 - E. carbon.
29. Which of the following is NOT a compound?
- A. salt
 - B. sugar
 - C. carbon**
 - D. oxygen gas
 - E. water

30. Electrons move around the atomic nucleus in
- A. zigzag patterns.
 - B. straight paths.
 - C.** shells.
 - D. two dimensions.
 - E. one dimension.
31. Electrons inside a shell travel in
- A. straight paths.
 - B.** orbitals
 - C. zigzag patterns
 - D. two dimensions
 - E. one dimension
32. The maximum number of electrons in a shell is
- A. two.
 - B. four.
 - C. six.
 - D.** eight.
 - E. ten.
33. A union between the electron structures of atoms is a(n)
- A.** chemical bond.
 - B. hydrogen bond.
 - C. isotopic bond.
 - D. physical bond.
 - E. none of these.
34. When an atom's outer shell is filled it is
- A. unstable.
 - B. an ion.
 - C.** most stable.
 - D. polarized.
 - E. negatively charged.
35. Which of the following is not one of the four most abundant elements in the body?
- A. carbon
 - B. hydrogen
 - C. oxygen
 - D. nitrogen
 - E.** calcium

36. The bonding of two or more atoms creates a(n)
- ion.
 - B.** molecule.
 - mixture.
 - suspension.
 - particle.
37. Atoms without vacancies are considered to be
- ions.
 - negatively charged.
 - positively charged.
 - D.** inert.
 - highly active.
38. Choose the correct formula for the reaction that takes place between hydrogen and oxygen to produce water.
- $H_2 + O_2 \rightarrow H_2O$
 - $H^2 + O \rightarrow H_2O$
 - C.** $2H_2 + O_2 \rightarrow 2H_2O$
 - $2H_2O + O_2 \rightarrow 4H_2O$
 - $2H_2^2 + 2O_2^2 \rightarrow 2H_2O$
39. A(n) _____ consists of two or more bonded elements in proportions that never vary.
- ion
 - mixture
 - C.** compound
 - network solid
 - satisfied orbital
40. When two or more molecules simply mingle, a(n) _____ is created.
- compound
 - B.** mixture
 - molecule
 - ionic compound
 - suspension
41. An atom that is considered *inert* is
- oxygen.
 - hydrogen.
 - nitrogen.
 - carbon.
 - E.** helium.

42. Water is an example of a(n)
- A. atom.
 - B. ion.
 - C.** compound.
 - D. mixture.
 - E. element.
43. Which of the following answers include all the others?
- A. atoms
 - B.** molecules
 - C. electrons
 - D. elements
 - E. protons
44. Which of the following is NOT an element?
- A.** water
 - B. oxygen
 - C. carbon
 - D. chlorine
 - E. hydrogen
45. A molecule is
- A.** a combination of two or more atoms.
 - B. less stable than its constituent atoms separated.
 - C. electrically charged.
 - D. a carrier of one or more extra neutrons.
 - E. none of these.
46. A bond that joins atoms that have opposite charges is a(n)
- A. covalent bond.
 - B. hydrogen bond.
 - C.** ionic bond.
 - D. coordinate covalent bond.
 - E. polar covalent bond.
47. What is formed when an atom loses or gains an electron?
- A. a molecule
 - B.** an ion
 - C. a compound
 - D. a mixture
 - E. a solvent

48. Generally, an atom carries no charge because it has as many electrons as
- A. neutrons.
 - B. orbitals.
 - C. shells.
 - D.** protons.
 - E. neutrinos.
49. The bond in table salt (NaCl) is
- A. polar.
 - B.** ionic.
 - C. covalent.
 - D. double.
 - E. nonpolar.
50. The bond formed when atoms share electrons is a(n) _____ bond.
- A. hydrogen
 - B. ionic
 - C.** covalent
 - D. crystalline
 - E. network
51. A hydrogen bond is
- A. a sharing of a pair of electrons between a hydrogen and an oxygen nucleus.
 - B. a sharing of a pair of electrons between a hydrogen nucleus and either an oxygen or a nitrogen nucleus.
 - C.** an attractive force that involves a hydrogen atom and an oxygen or a nitrogen atom that are either in two different molecules or within the same molecule.
 - D. none of these.
 - E. all of these.
52. A water molecule is an example of which type of molecule?
- A.** polar covalent
 - B. nonpolar covalent
 - C. ionic
 - D. coordinate covalent
 - E. network
53. Molecular hydrogen is an example of which type of molecule?
- A. polar covalent
 - B.** nonpolar covalent
 - C. ionic
 - D. coordinate covalent
 - E. network

54. In a polar covalent bond, the atoms of the different elements do not share electrons equally because
- A. one is a metal and one is a non-metal.
 - B. both are metals.
 - C. both are non-metals.
 - D. one element has more neutrons.
 - E.** one element has more protons.
55. Which type of bond holds the two strands of DNA together?
- A. ionic
 - B. network
 - C. polar covalent
 - D.** hydrogen
 - E. non-polar covalent
56. Which type of bond makes water liquid?
- A. ionic
 - B. covalent
 - C. polar covalent
 - D. nonpolar covalent
 - E.** hydrogen
57. How do hydrophobic molecules interact with water?
- A. attracted to
 - B. absorbed by
 - C.** repelled by
 - D. mixed with
 - E. polarized bond
58. Why does water have a high heat capacity?
- A. because it has covalent bonds
 - B. because it has ionic bonds
 - C.** because it has hydrogen bonds
 - D. because it has a high boiling point
 - E. because it has a low freezing point
59. What makes water a solvent?
- A. Fats dissolve in it.
 - B.** Ions and polar molecules dissolve in it.
 - C. It mixes well with alcohol.
 - D. It evaporates easily.
 - E. It contains no minerals.

60. Water stabilizes body temperature and dissolves many substances because
- A. it evaporates easily.
 - B. its molecules are covalent.
 - C. its molecules are ionic.
 - D.** it contains hydrogen bonds.
 - E. it is free of minerals.
61. A salt will dissolve in water to form
- A. acids.
 - B. gases.
 - C.** ions.
 - D. bases.
 - E. polar solvents.
62. The process in which an atom or molecule loses one or more electrons to another atom or molecule is called
- A. reduction.
 - B. dehydration.
 - C.** oxidation.
 - D. condensation.
 - E. hydrolysis.
63. The many oxidation reactions that take place in our bodies cause the formation of
- A.** free radicals.
 - B. antioxidants.
 - C. covalent molecules.
 - D. ionic molecules.
 - E. hydrogen bonds.
64. A free radical will "steal" what particle from a stable molecule?
- A. a proton
 - B. a neutron
 - C. an atom
 - D.** an electron
 - E. a positron
65. Substances that give up an electron to a free radical are called
- A. reducing agents.
 - B. oxidizing agents.
 - C. neutralizing agents.
 - D. antibiotics.
 - E.** antioxidants

66. Antioxidant-rich foods are typically
- A. low in fat and high in fiber.
 - B. high in fat and low in fiber.
 - C. high in sugars and low in fat.
 - D. high in fiber and high in fat.
 - E. low in sugars and high in fiber.
67. Natural sources of antioxidants include
- A. vitamin C.
 - B. vitamin E.
 - C. orange vegetables.
 - D. green leafy vegetables.
 - E. all of these
68. The pH scale measures the
- A. hydroxide ion concentration.
 - B. concentration of a water-based solution.
 - C. hydrogen ion concentration.
 - D. number of water molecules in a solution.
 - E. concentration of dissolved solute.
69. A reaction of a strong acid and a strong base will produce water and
- A. a buffer.
 - B. a salt.
 - C. gas.
 - D. solid precipitate.
 - E. solute.
70. Which of the following would NOT be used in connection with the word *acid*?
- A. excess hydrogen ions
 - B. contents of the stomach
 - C. magnesium hydroxide
 - D. pH less than 7
 - E. HCl
71. Fluid inside most human cells is about
- A. pH 7.
 - B. pH 9.
 - C. pH 4.
 - D. pH 11.
 - E. pH 2.

72. Smoke from fossil fuels, motor vehicle exhaust, and nitrogen fertilizers can lead to
- A. greater cloud formation.
 - B.** acid rain.
 - C. basic rain.
 - D. rain with high mineral content.
 - E. salted rain.
73. Cellular pH is kept near a value of 7 because of
- A. salts.
 - B.** buffers.
 - C. acids.
 - D. bases.
 - E. water.
74. H_2CO_3 is
- A. sulfuric acid.
 - B.** carbonic acid.
 - C. carbolic acid.
 - D. hydrochloric acid.
 - E. nitric acid.
75. HCl in the stomach acts to
- A. neutralize buffers.
 - B. kill harmful bacteria.
 - C. switch on certain digestive enzymes.
 - D. both a and b.
 - E.** both b and c.
76. A buffer system
- A. makes new hydrogen ions.
 - B. eliminates hydrogen ions already present.
 - C. binds hydrogen ions.
 - D. releases hydrogen ions.
 - E.** both c and d.
77. A pH of 10 is how many times as basic as a pH of 7?
- A. 2
 - B. 3
 - C. 10
 - D. 100
 - E.** 1000

78. A buildup of H_2CO_3 in the blood will lead to
- A. alkalosis.
 - B. calcium buildup.
 - C.** acidosis.
 - D. hydroxide ion increase.
 - E. HCO_3^- increase.
79. What substances will release hydrogen ions when their concentration is low and accept them when their concentration is high?
- A. salts
 - B. acids
 - C. bases
 - D.** buffers
 - E. alkalies
80. If a molecule contains carbon and at least one atom of hydrogen, it is referred to as being
- A. inorganic.
 - B. acidic.
 - C. basic.
 - D.** organic.
 - E. crystalline.
81. Each carbon atom can share pairs of electrons with as many as ____ other atoms.
- A. 2
 - B. 3
 - C.** 4
 - D. 5
 - E. 6
82. Atoms or clusters of atoms that are covalently bonded to carbon and influence the behavior of organic compounds are known as
- A.** functional groups.
 - B. ions.
 - C. acids.
 - D. network solids.
 - E. anhydrides.
83. Proteins that speed up reactions are known as
- A. salts.
 - B. buffers.
 - C. monomers.
 - D. polymers.
 - E.** enzymes.

84. Which element makes up more than half of the human body?
- A. calcium
 - B. hydrogen
 - C. oxygen
 - D.** carbon
 - E. nitrogen
85. Condensation reactions are also referred to as
- A. hydrolysis.
 - B.** dehydration synthesis.
 - C. lytic reactions.
 - D. recombination.
 - E. transmutation.
86. The three most common atoms in your body are
- A.** hydrogen, oxygen, and carbon.
 - B. carbon, hydrogen, and nitrogen.
 - C. carbon, nitrogen, and oxygen.
 - D. nitrogen, hydrogen, and oxygen.
 - E. carbon, oxygen, and sulfur.
87. A large molecule built of three to millions of subunits is a(n)
- A. monomer.
 - B. ion.
 - C.** polymer.
 - D. enzyme.
 - E. functional unit.
88. The process by which two molecules covalently bond into a larger one is
- A.** condensation.
 - B. cleavage.
 - C. functional group transfer.
 - D. electron transfer.
 - E. rearrangement.
89. The process by which a molecule splits into two smaller ones is
- A. condensation.
 - B.** cleavage.
 - C. functional group transfer.
 - D. electron transfer.
 - E. rearrangement.

90. The process by which one or more electrons from one molecule are donated to another molecule is
- A. condensation.
 - B. cleavage.
 - C. functional group transfer.
 - D.** electron transfer.
 - E. rearrangement.
91. The process by which a molecule gives up a functional group, and a different molecule immediately accepts it, is
- A. condensation.
 - B. cleavage.
 - C.** functional group transfer.
 - D. electron transfer.
 - E. rearrangement.
92. The process by which the movement of internal bonds converts one type of organic compound to another is
- A. condensation.
 - B. cleavage.
 - C. functional group transfer.
 - D. electron transfer.
 - E.** rearrangement.
93. The insertion of water (H^+ and OH^-) into an enzymatically split molecule is
- A.** hydrolysis.
 - B. dehydration synthesis.
 - C. condensation.
 - D. cleavage.
 - E. polymerization.
94. Which of the following includes all of the others?
- A. sucrose
 - B. glucose
 - C. cellulose
 - D. glycogen
 - E.** carbohydrate
95. Which of the following is a building block of carbohydrates?
- A. glycerol
 - B. nucleotide
 - C. simple sugar
 - D. monosaccharide
 - E.** glucose

96. Which of the following is composed of a 1:2:1 ratio of carbon to hydrogen to oxygen?
- A. carbohydrate
 - B. protein
 - C. lipid
 - D. nucleic acid
 - E. steroid
97. Which vitamin is derived from sugar monomers?
- A. vitamin D
 - B. vitamin E
 - C. vitamin C
 - D. vitamin A
 - E. vitamin B₁₂
98. Which simple sugar is the main energy source for body cells?
- A. fructose
 - B. sucrose
 - C. lactose
 - D. glucose
 - E. galactose
99. Which of the following is not a monosaccharide?
- A. glucose
 - B. fructose
 - C. deoxyribose
 - D. starch
 - E. ribose
100. The most plentiful sugar in nature is
- A. glucose.
 - B. fructose.
 - C. sucrose.
 - D. lactose.
 - E. glycogen.
101. Most of the carbohydrates eaten by humans are in the form of
- A. monosaccharides.
 - B. polysaccharides.
 - C. oligosaccharides.
 - D. disaccharides.
 - E. five carbon sugars.

102. Fructose and glucose are
- A. isotopes.
 - B. monosaccharides.
 - C. disaccharides.
 - D. six-carbon sugars.
 - E.** monosaccharides and six-carbon sugars.
103. Sucrose is composed of
- A. two molecules of fructose.
 - B. two molecules of glucose.
 - C.** a molecule of fructose and a molecule of glucose.
 - D. a molecule of fructose and a molecule of galactose.
 - E. two molecules of glucose
104. Plants store a large amount of glucose in the form of
- A. starch.
 - B. glycogen.
 - C. glucose.
 - D.** cellulose.
 - E. fats.
105. Stored sugar in animal muscles and liver is in the form of
- A. starch.
 - B.** glycogen.
 - C. glucose.
 - D. cellulose.
 - E. fats.
106. A lipid is a
- A. polar hydrocarbon.
 - B. polar peptide.
 - C.** nonpolar hydrocarbon.
 - D. nonpolar peptide.
 - E. coordinate covalent molecule.
107. A saturated hydrocarbon molecule has
- A. three double bonds.
 - B. one double bond.
 - C. one double and one triple bond.
 - D.** all single bonds.
 - E. all triple bonds.

108. A molecule consisting of three fatty acid tails attached to glycerol is a(n)
- A. carbohydrate.
 - B. nucleic acid.
 - C.** triglyceride.
 - D. amino acid.
 - E. oil.
109. Which of the following are lipids?
- A. steroids
 - B. triglycerides
 - C. oils
 - D. waxes
 - E.** all of these
110. The most abundant lipids in the body are
- A. oils.
 - B. waxes.
 - C. steroids.
 - D.** triglycerides.
 - E. fatty acids.
111. Which type of fat, often the main ingredient in margarine, has been implicated in the development of certain heart diseases?
- A. triglycerides
 - B.** trans fatty acids
 - C. cholesterol
 - D. oils
 - E. waxes
112. Triglycerides yield how much more energy, gram for gram, than carbohydrates?
- A.** twice as much
 - B. three times as much
 - C. four times as much
 - D. one half as much
 - E. about the same amount
113. Which is the main material of cell membranes?
- A. lipids
 - B. proteins
 - C.** phospholipids
 - D. triglycerides
 - E. fatty acids

114. Why do triglycerides yield more energy than carbohydrates?
- A. they have fewer removable electrons
 - B. they have double bonds
 - C. they contain glycerol
 - D.** they have more removable electrons
 - E. fatty acids
115. Which sterol, often associated with heart disease, is a crucial component to the structure and function of cells?
- A.** cholesterol
 - B. triglycerides
 - C. phospholipids
 - D. cortisol
 - E. estrogen
116. A derivative of cholesterol is
- A. vitamin D
 - B. bile salts
 - C. estrogen
 - D. testosterone
 - E.** all of these
117. Which element is NOT characteristic of the primary structure of proteins?
- A. carbon
 - B. hydrogen
 - C.** phosphorus
 - D. sulfur
 - E. nitrogen
118. Amino acids are the building blocks for
- A.** proteins.
 - B. carbohydrates.
 - C. nucleic acids.
 - D. fats.
 - E. steroids.
119. What kind of bond exists between two amino acids?
- A. hydrogen
 - B. glycosidic
 - C.** peptide
 - D. ionic
 - E. sulfhydroxyl

120. The sequence of amino acids is the ____ structure of a protein.
- A.** primary
 - B. secondary
 - C. tertiary
 - D. quaternary
 - E. isomeric
121. How many amino acids are known to exist?
- A. 100
 - B. 50
 - C. 25
 - D.** 20
 - E. 10
122. Proteins that speed up chemical reactions are
- A. substrates.
 - B. reactants.
 - C.** enzymes.
 - D. amino acids.
 - E. carboxyl groups.
123. Which part of the amino acid helps to determine its chemical properties?
- A. the amino group
 - B. the carboxyl group
 - C. the covalent bonds
 - D. the peptide bond
 - E.** the R group
124. What type of bond forms at regular, short intervals along a new polypeptide chain?
- A. ionic
 - B. covalent
 - C. glycosidic
 - D.** hydrogen
 - E. coordinate covalent
125. Which structure makes a protein a molecule that can perform a particular function?
- A. primary
 - B. secondary
 - C.** tertiary
 - D. quaternary
 - E. isomeric

126. Which of the following exhibits fourth level (quaternary) structure?
- A. amino acids
 - B. lipids
 - C. glycogen
 - D. hemoglobin**
 - E. complex carbohydrate
127. Which is the most common protein in the body?
- A. muscle
 - B. collagen**
 - C. hemoglobin
 - D. bone matrix
 - E. insulin
128. The disruption of a protein's three-dimensional structure is called
- A. condensation.
 - B. hydrolysis.
 - C. ionization.
 - D. oxidation.
 - E. denaturation.**
129. A glycoprotein is a combination of a protein and
- A. heme.
 - B. oligosaccharides.**
 - C. collagen.
 - D. fatty acids.
 - E. nucleic acids.
130. In addition to hydrogen bonding, what type of bonds may exist in the quaternary structure of a protein?
- A. ionic
 - B. coordinate
 - C. disulfide**
 - D. network
 - E. diphosphate
131. A lipoprotein is a combination of a protein and
- A. cholesterol, triglycerides and phospholipids.**
 - B. oligosaccharides.
 - C. fatty acids.
 - D. nucleic acids.
 - E. collagen.

132. Which of the following is NOT found in every nucleic acid?
- A.** ribose
 - B. phosphate group
 - C. purine
 - D. pyrimidine
 - E. all of these are characteristic of every nucleic acid
133. What is the name for a molecule that accepts hydrogen atoms and electrons that are being removed from other molecules and transfers them to other sites for further use?
- A. enzyme
 - B.** coenzyme
 - C. protein
 - D. lipid
 - E. steroid
134. Nucleotides are building blocks for
- A. proteins.
 - B. steroids.
 - C. lipids.
 - D. carbohydrates.
 - E.** DNA, RNA, and ATP.
135. The nucleotide most closely associated with energy is
- A. cyclic AMP.
 - B. FAD.
 - C.** ATP.
 - D. NAD.
 - E. NADPH.
136. Nucleotides contain what kind of sugars?
- A. three carbon
 - B. four carbon
 - C.** five carbon
 - D. six carbon
 - E. seven carbon
137. Which molecule links chemical reactions that release energy with other reactions that require energy?
- A. DNA
 - B. RNA
 - C. NAD
 - D.** ATP
 - E. cyclic AMP

138. Which type of bond holds the nucleotide bases together in a DNA molecule?

- A. hydrogen
- B. covalent
- C. ionic
- D. network
- E. peptide

139. Some pesticides can trigger

- A. hives.
- B. joint pain.
- C. headaches.
- D. asthma.
- E. all of these.

140. In what year did chemists begin developing synthetic toxins to protect crops?

- A. 1865
- B. 1900
- C. 1925
- D. 1945
- E. 1960

141. A positive effect associated with pesticide usage is

- A. killing disease-causing insects.
- B. killing some pathogens.
- C. increasing food supplies.
- D. increasing profits for farmers.
- E. all of these.

142. **Selecting the Exception**

Four of the five answers listed below possess electrons in the third orbital. The atomic number is at the right of the element. Select the exception.

- A. sodium (11)
- B. magnesium (12)
- C. chlorine (17)
- D. nitrogen (7)
- E. sulfur (16)

143. **Selecting the Exception**

Four of the five answers listed below are related by a unifying characteristic. Select the exception.

- A. ionic bond
- B. covalent bond
- C. polar bond
- D. hydrogen bond
- E.** cluster of nonpolar groups

144. **Selecting the Exception**

Four of the five answers listed below are alkaline (pH above 7). Select the exception.

- A. milk of magnesia
- B. household ammonia
- C. Tums
- D. phosphate detergent
- E.** cola soft drink

145. **Selecting the Exception**

Four of the five answers listed below are acidic (pH below 7). Select the exception.

- A. vinegar
- B. soft drink
- C.** soap
- D. lemon juice
- E. beer

146. **Selecting the Exception**

Four of the five answers listed below are characteristics of water. Select the exception.

- A. stabilize temperature
- B. common solvent
- C. cohesion and surface tension
- D.** produce salts
- E. change shape of hydrophilic and hydrophobic substances

147. **Selecting the Exception**

Four of the five answers listed below are related by a common chemical similarity. Select the exception.

- A. cellulose
- B.** hydrochloric acid
- C. amino acid
- D. protein
- E. nucleic acid

148. **Selecting the Exception**

Four of the five answers listed below are related as members of the same group. Select the exception.

- A. glucose
- B. fructose
- C.** cellulose
- D. ribose
- E. deoxyribose

149. **Selecting the Exception**

Four of the five answers below are related as members of the same group. Select the exception.

- A. lactose
- B. maltose
- C. sucrose
- D. table sugar
- E.** glucose

150. **Selecting the Exception**

Four of the five answers listed below are carbohydrates. Select the exception.

- A.** glycerol
- B. cellulose
- C. starch
- D. sucrose
- E. glycogen

151. **Selecting the Exception**

Four of the five answers listed below are lipids. Select the exception.

- A. triglyceride
- B. wax
- C. oil
- D.** insulin
- E. steroid

152. **Selecting the Exception**

Four of the five answers listed below are saturated fats. Select the exception.

- A. butter
- B. bacon
- C.** margarine
- D. animal fat
- E. lard

153. **Selecting the Exception**

Four of the five answers listed below are amino acids. Select the exception.

- A. tryptophan
- B. valine
- C. alanine
- D.** adenine
- E. leucine

154. **Selecting the Exception**

Four of the five answers listed below are functional groups. Select the exception.

- A.** R group
- B. amino group
- C. carboxyl group
- D. hydroxyl group
- E. methyl group

155. **Selecting the Exception**

Four of the five answers listed below are dissolved substances found in cells. Select the exception.

- A. nucleotides
- B. sugars
- C. amino acids
- D. alcohols**
- E. fatty acids

156. **Selecting the Exception**

Four of the five answers listed below are long chains of sugars. Select the exception.

- A. polysaccharides
- B. oligosaccharides**
- C. complex carbohydrates
- D. corn starch
- E. potato starch

157. Answer the questions by matching the name to the structure of the functional group.

- | | | |
|--------------------|-----------|----------|
| 1. PO | amino | <u>2</u> |
| 2. NH ⁴ | phosphate | <u>1</u> |
| 3. OH ² | carbonyl | <u>4</u> |
| 4. CHO | carboxyl | <u>5</u> |
| 5. COOH | hydroxyl | <u>3</u> |

158. Choose the one most appropriate answer for each.

- | | | |
|------------------|--|----------|
| 1. antioxidant | speeds up metabolic reactions | <u>2</u> |
| 2. enzyme | a six-carbon sugar | <u>3</u> |
| 3. glucose | neutralizes free radicals | <u>1</u> |
| 4. phospholipids | principal components of cell membranes | <u>4</u> |

159. **Classification.** Many different types of reactions take place within the cell. Use the following numbers to answer the questions.

- | | | |
|---|---------------------------|----------|
| 1. Two molecules covalently bond into another one. | Cleavage | <u>3</u> |
| 2. One molecule gives up a functional group, and a different molecule immediately accepts it. | Rearrangement | <u>4</u> |
| 3. A molecule splits into two smaller ones. | Condensation | <u>1</u> |
| 4. Moving internal bonds converts one type of organic compound to another. | Functional group transfer | <u>2</u> |
| 5. One or more electrons from one molecule are donated to another molecule. | Electron transfer | <u>5</u> |