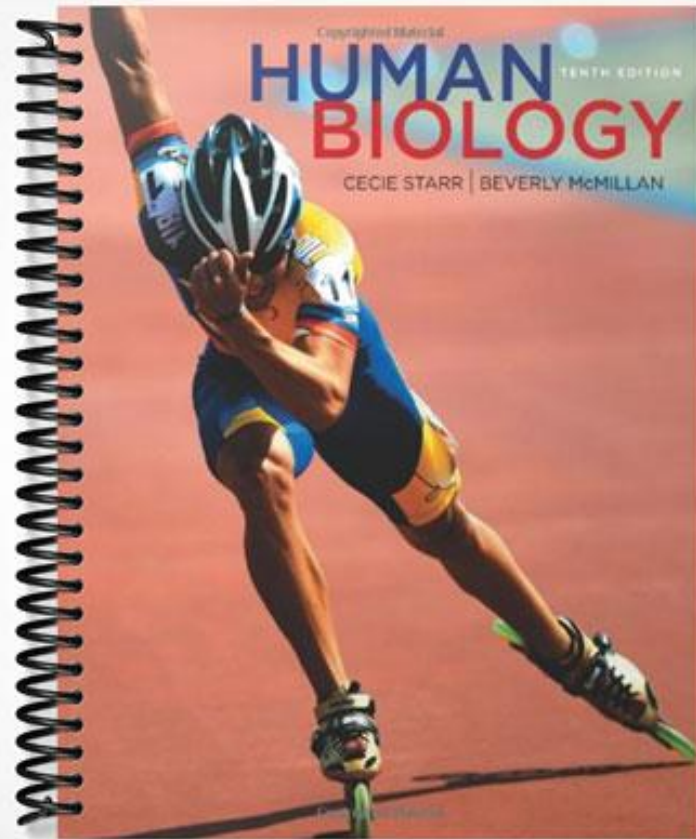


**TEST BANK**



## Chapter 02: Chemistry of Life

Student: \_\_\_\_\_

1. An element that represents less than 0.01 percent of body weight is known as a(n)
  - A. compound.
  - B. trace element.
  - C. molecule.
  - D. isotope.
  - E. analog.
2. Which is the smallest portion of a substance that retains the properties of an element?
  - A. atom
  - B. compound
  - C. ion
  - D. molecule
  - E. mixture
3. How many natural elements exist on Earth?
  - A. 100
  - B. 112
  - C. 88
  - D. 96
  - E. 110
4. Which subatomic particle has a positive charge?
  - A. electron
  - B. neutron
  - C. photon
  - D. neutrino
  - E. proton
5. Which two subatomic particles are almost always equal in number?
  - A. electrons and neutrons
  - B. protons and neutrons
  - C. protons and electrons
  - D. photons and electrons
  - E. neutrons and neutrinos

6. Organisms consist mostly of four elements. They are carbon, hydrogen, oxygen, and
- A. iron.
  - B. chlorine.
  - C. silicon.
  - D. nitrogen.
  - E. phosphorous.
7. The atomic number refers to the
- A. mass of an atom.
  - B. number of protons in an atom.
  - C. number of both protons and neutrons in an atom.
  - D. number of neutrons in an atom.
  - E. number of electrons in an atom.
8. An element's mass number is equal to the sum of its
- A. protons and electrons.
  - B. protons and neutrons.
  - C. electrons and neutrons.
  - D. protons only.
  - E. electrons only.
9. Isotopes
- A. are identical in mass number to the "standard" element.
  - B. contain a different number of electrons than the "standard" element.
  - C. contain a different number of protons than the "standard" element.
  - D. contain the same number of protons but a different number of neutrons than the "standard" element.
  - E. are actually a different element than the "standard" element.
10. Radioisotopes
- A. are unstable and emit energy and particles to stabilize themselves.
  - B. are different elements from the "standard" elements.
  - C. are very stable and do not change over time.
  - D. contain more electrons than the "standard" element.
  - E. contain less electrons than the "standard" element.
11. The negative subatomic particle is (are) the
- A. neutron.
  - B. proton.
  - C. electron.
  - D. neutron and proton.
  - E. proton and electron.

12. The neutral subatomic particle is (are) the
- A. neutron.
  - B. proton.
  - C. electron.
  - D. neutron and proton.
  - E. proton and electron.
13. The nucleus of an atom contains
- A. neutrons and protons.
  - B. neutrons and electrons.
  - C. protons and electrons.
  - D. protons only.
  - E. neutrons only.
14. Which element does not contain a neutron in its nucleus?
- A. helium
  - B. carbon
  - C. oxygen
  - D. hydrogen
  - E. nitrogen
15. Transmutation of an element (the change of an element into a different element) occurs due to
- A. exposure to strong sunlight.
  - B. exposure to certain chemicals.
  - C. natural aging of the element.
  - D. combining with another element.
  - E. radioactive decay.
16. Examples of isotopes include:
- A. oxygen 8 and oxygen 16.
  - B. carbon 12 and nitrogen 14.
  - C. hydrogen 1 and helium 1.
  - D. sodium 23 and potassium 23.
  - E. carbon 12 and carbon 14.
17. All atoms of an element have the same number of
- A. ions.
  - B. protons.
  - C. neutrons.
  - D. electrons.
  - E. protons and neutrons.

18. A sugar or other molecule in which radioisotopes have been substituted for some atoms is a(n)
- A. enzyme.
  - B. reactant.
  - C. tracer.
  - D. subatomic particle.
  - E. quark.
19. Positron Emission Tomography utilizes \_\_\_\_\_ to yield results of a scan.
- A. tracers
  - B. x-rays
  - C. neutrinos
  - D. photons
  - E. mesons
20. The time it takes for half of a quantity of a radioisotope to decay into a more stable isotope is
- A. the same for all elements.
  - B. decay time.
  - C. half-life.
  - D. disintegration time.
  - E. dependent on temperature.
21. A tracer is a substance with what attached to it?
- A. water
  - B. carbon
  - C. a radioisotope
  - D. an ion
  - E. a positron
22. PET (positron-emission tomography) scans use radioisotopes attached to what substances to detect abnormalities?
- A. other radioisotopes
  - B. subatomic particles
  - C. carbon atoms
  - D. glucose or other biological molecules
  - E. plutonium
23. The time it takes for half of a quantity of a radioisotope to decay into a more stable isotope is
- A. the same for all elements.
  - B. decay time.
  - C. half-life.
  - D. disintegration time.
  - E. dependent on temperature.

24. The element in the body with the greatest number of atoms is
- A. phosphorus.
  - B. oxygen.
  - C. hydrogen.
  - D. calcium.
  - E. carbon.
25. Which of the following is NOT a compound?
- A. salt
  - B. sugar
  - C. carbon
  - D. oxygen gas
  - E. water
26. Electrons move around the atomic nucleus in
- A. zigzag patterns.
  - B. straight paths.
  - C. shells.
  - D. two dimensions.
  - E. one dimension.
27. Electrons inside a shell travel in
- A. straight paths.
  - B. orbitals
  - C. zigzag patterns
  - D. two dimensions
  - E. one dimension
28. The maximum number of electrons in a shell is
- A. two.
  - B. four.
  - C. six.
  - D. eight.
  - E. ten.
29. A union between the electron structures of atoms is a(n)
- A. chemical bond.
  - B. hydrogen bond.
  - C. isotopic bond.
  - D. physical bond.
  - E. atomic bond.

30. When an atom's outer shell is filled it is
- unstable.
  - an ion.
  - most stable.
  - polarized.
  - negatively charged.
31. Which of the following is not one of the four most abundant elements in the body?
- carbon
  - hydrogen
  - oxygen
  - nitrogen
  - calcium
32. The bonding of two or more atoms creates a(n)
- ion.
  - molecule.
  - mixture.
  - suspension.
  - particle.
33. Atoms without vacancies are considered to be
- ions.
  - negatively charged.
  - positively charged.
  - inert.
  - highly active.
34. Choose the correct formula for the reaction that takes place between hydrogen and oxygen to produce water.
- $H_2 + O \rightarrow H_2O$
  - $H^2 + O \rightarrow H_2O$
  - $2H_2 + O \rightarrow 2H_2O$
  - $2H_2O + O \rightarrow 4H_2O$
  - $2H_2 + 2O_2 \rightarrow 2H_2O$
35. A(n) \_\_\_\_\_ consists of two or more bonded elements in proportions that never vary.
- ion
  - mixture
  - compound
  - network solid
  - satisfied orbital

36. When two or more molecules simply mingle, a(n) \_\_\_\_\_ is created.
- A. compound
  - B. mixture
  - C. molecule
  - D. ionic compound
  - E. suspension
37. An atom that is considered *inert* is
- A. oxygen.
  - B. hydrogen.
  - C. nitrogen.
  - D. carbon.
  - E. helium.
38. Water is an example of a(n)
- A. atom.
  - B. ion.
  - C. compound.
  - D. mixture.
  - E. element.
39. Which of the following answers include all the others?
- A. atoms
  - B. molecules
  - C. electrons
  - D. elements
  - E. protons
40. Which of the following is NOT an element?
- A. water
  - B. oxygen
  - C. carbon
  - D. chlorine
  - E. hydrogen
41. A molecule is
- A. a combination of two or more atoms.
  - B. less stable than its constituent atoms separated.
  - C. electrically charged.
  - D. a carrier of one or more extra neutrons.
  - E. one atom.



42. A bond that joins atoms that have opposite charges is a(n)
- A. covalent bond.
  - B. hydrogen bond.
  - C. ionic bond.
  - D. coordinate covalent bond.
  - E. polar covalent bond.
43. What is formed when an atom loses or gains an electron?
- A. a molecule
  - B. an ion
  - C. a compound
  - D. a mixture
  - E. a solvent
44. Generally, an atom carries no charge because it has as many electrons as
- A. neutrons.
  - B. orbitals.
  - C. shells.
  - D. protons.
  - E. neutrinos.
45. The bond in table salt (NaCl) is
- A. polar.
  - B. ionic.
  - C. covalent.
  - D. double.
  - E. nonpolar.
46. The bond formed when atoms share electrons is a(n) \_\_\_\_\_ bond.
- A. hydrogen
  - B. ionic
  - C. covalent
  - D. crystalline
  - E. network
47. A hydrogen bond is
- A. a sharing of a pair of electrons between a hydrogen and an oxygen nucleus.
  - B. a sharing of a pair of electrons between a hydrogen nucleus and either an oxygen or a nitrogen nucleus.
  - C. an attractive force that involves a hydrogen atom and an oxygen or a nitrogen atom that are either in two different molecules or within the same molecule.
  - D. found only in water molecules.
  - E. is the strongest form of chemical bond.

48. A water molecule is an example of which type of molecule?
- A. polar covalent
  - B. nonpolar covalent
  - C. ionic
  - D. coordinate covalent
  - E. network
49. Molecular hydrogen is an example of which type of molecule?
- A. polar covalent
  - B. nonpolar covalent
  - C. ionic
  - D. coordinate covalent
  - E. network
50. In a polar covalent bond, the atoms of the different elements do not share electrons equally because
- A. one is a metal and one is a non-metal.
  - B. both are metals.
  - C. both are non-metals.
  - D. one element has more neutrons.
  - E. one element has more protons.
51. Which type of bond holds the two strands of DNA together?
- A. ionic
  - B. network
  - C. polar covalent
  - D. hydrogen
  - E. non-polar covalent
52. Which type of bond makes water liquid?
- A. ionic
  - B. covalent
  - C. polar covalent
  - D. nonpolar covalent
  - E. hydrogen
53. How do hydrophobic molecules interact with water?
- A. attracted to
  - B. absorbed by
  - C. repelled by
  - D. mixed with
  - E. polarized bond

54. Why does water have a high heat capacity?
- A. because it has covalent bonds
  - B. because it has ionic bonds
  - C. because it has hydrogen bonds
  - D. because it has a high boiling point
  - E. because it has a low freezing point
55. What makes water a solvent?
- A. Fats dissolve in it.
  - B. Ions and polar molecules dissolve in it.
  - C. It mixes well with alcohol.
  - D. It evaporates easily.
  - E. It contains no minerals.
56. Water stabilizes body temperature and dissolves many substances because
- A. it evaporates easily.
  - B. its molecules are covalent.
  - C. its molecules are ionic.
  - D. it contains hydrogen bonds.
  - E. it is free of minerals.
57. A salt will dissolve in water to form
- A. acids.
  - B. gases.
  - C. ions.
  - D. bases.
  - E. polar solvents.
58. The process in which an atom or molecule loses one or more electrons to another atom or molecule is called
- A. reduction.
  - B. dehydration.
  - C. oxidation.
  - D. condensation.
  - E. hydrolysis.
59. The many oxidation reactions that take place in our bodies cause the formation of
- A. free radicals.
  - B. antioxidants.
  - C. covalent molecules.
  - D. ionic molecules.
  - E. hydrogen bonds.

60. A free radical will "steal" what particle from a stable molecule?
- A. a proton
  - B. a neutron
  - C. an atom
  - D. an electron
  - E. a positron
61. Substances that give up an electron to a free radical are called
- A. reducing agents.
  - B. oxidizing agents.
  - C. neutralizing agents.
  - D. antibiotics.
  - E. antioxidants.
62. Antioxidant-rich foods are typically
- A. low in fat and high in fiber.
  - B. high in fat and low in fiber.
  - C. high in sugars and low in fat.
  - D. high in fiber and high in fat.
  - E. low in sugars and high in fiber.
63. Natural sources of antioxidants do not include
- A. vitamin C.
  - B. vitamin E.
  - C. orange vegetables.
  - D. green leafy vegetables.
  - E.  $O_2^-$ .
64. The pH scale measures the
- A. hydroxide ion concentration.
  - B. concentration of a water-based solution.
  - C. hydrogen ion concentration.
  - D. number of water molecules in a solution.
  - E. concentration of dissolved solute.
65. A reaction of a strong acid and a strong base will produce water and
- A. a buffer.
  - B. a salt.
  - C. gas.
  - D. solid precipitate.
  - E. solute.

66. Which of the following would NOT be used in connection with the word *acid*?
- A. excess hydrogen ions
  - B. contents of the stomach
  - C. magnesium hydroxide
  - D. pH less than 7
  - E. HCl
67. Fluid inside most human cells is about
- A. pH 7.
  - B. pH 9.
  - C. pH 4.
  - D. pH 11.
  - E. pH 2.
68. Smoke from fossil fuels, motor vehicle exhaust, and nitrogen fertilizers can lead to
- A. greater cloud formation.
  - B. acid rain.
  - C. basic rain.
  - D. rain with high mineral content.
  - E. salted rain.
69. Cellular pH is kept near a value of 7 because of
- A. salts.
  - B. buffers.
  - C. acids.
  - D. bases.
  - E. water.
70.  $\text{H}_2\text{CO}_3$  is
- A. sulfuric acid.
  - B. carbonic acid.
  - C. carboic acid.
  - D. hydrochloric acid.
  - E. nitric acid.
71. HCl in the stomach acts to
- A. neutralize buffers.
  - B. kill harmful bacteria.
  - C. switch off certain digestive enzymes.
  - D. produce trypsin.
  - E. prevent breakdown of protein.

72. A buffer system
- A. makes new hydrogen ions.
  - B. eliminates hydrogen ions already present.
  - C. binds carbon ions.
  - D. releases hydrogen ions.
  - E. produce excess acid.
73. A pH of 10 is how many times as basic as a pH of 7?
- A. 2
  - B. 3
  - C. 10
  - D. 100
  - E. 1000
74. A buildup of  $\text{H}_2\text{CO}_3$  in the blood will lead to
- A. alkalosis.
  - B. calcium buildup.
  - C. acidosis.
  - D. hydroxide ion increase.
  - E.  $\text{HCO}_3^-$  increase.
75. What substances will release hydrogen ions when their concentration is low and accept them when their concentration is high?
- A. salts
  - B. acids
  - C. bases
  - D. buffers
  - E. alkalines
76. If a molecule contains carbon and at least one atom of hydrogen, it is referred to as being
- A. inorganic.
  - B. acidic.
  - C. basic.
  - D. organic.
  - E. crystalline.
77. Each carbon atom can share pairs of electrons with as many as \_\_\_\_\_ other atoms.
- A. 2
  - B. 3
  - C. 4
  - D. 5
  - E. 6

78. Atoms or clusters of atoms that are covalently bonded to carbon and influence the behavior of organic compounds are known as
- A. functional groups.
  - B. ions.
  - C. acids.
  - D. network solids.
  - E. anhydrides.
79. Proteins that speed up reactions are known as
- A. salts.
  - B. buffers.
  - C. monomers.
  - D. polymers.
  - E. enzymes.
80. Which element makes up more than half of the human body?
- A. calcium
  - B. hydrogen
  - C. oxygen
  - D. carbon
  - E. nitrogen
81. Condensation reactions are also referred to as
- A. hydrolysis.
  - B. dehydration synthesis.
  - C. lytic reactions.
  - D. recombination.
  - E. transmutation.
82. The three most common atoms in your body are
- A. hydrogen, oxygen, and carbon.
  - B. carbon, hydrogen, and nitrogen.
  - C. carbon, nitrogen, and oxygen.
  - D. nitrogen, hydrogen, and oxygen.
  - E. carbon, oxygen, and sulfur.
83. A large molecule built of three to millions of subunits is a(n)
- A. monomer.
  - B. ion.
  - C. polymer.
  - D. enzyme.
  - E. functional unit.

84. The process by which two molecules covalently bond into a larger one is
- A. condensation.
  - B. cleavage.
  - C. functional group transfer.
  - D. electron transfer.
  - E. rearrangement.
85. The process by which a molecule splits into two smaller ones is
- A. condensation.
  - B. cleavage.
  - C. functional group transfer.
  - D. electron transfer.
  - E. rearrangement.
86. The process by which one or more electrons from one molecule are donated to another molecule is
- A. condensation.
  - B. cleavage.
  - C. functional group transfer.
  - D. electron transfer.
  - E. rearrangement.
87. The process by which a molecule gives up a functional group, and a different molecule immediately accepts it, is
- A. condensation.
  - B. cleavage.
  - C. functional group transfer.
  - D. electron transfer.
  - E. rearrangement.
88. The process by which the movement of internal bonds converts one type of organic compound to another is
- A. condensation.
  - B. cleavage.
  - C. functional group transfer.
  - D. electron transfer.
  - E. rearrangement.
89. The insertion of water ( $\text{H}^+$  and  $\text{OH}^-$ ) into an enzymatically split molecule is
- A. hydrolysis.
  - B. dehydration synthesis.
  - C. condensation.
  - D. cleavage.
  - E. polymerization.



90. Which of the following includes all of the others?
- A. sucrose
  - B. glucose
  - C. cellulose
  - D. glycogen
  - E. carbohydrate
91. Which of the following is a building block of carbohydrates?
- A. glycerol
  - B. nucleotide
  - C. simple sugar
  - D. monosaccharide
  - E. glucose
92. Which of the following is composed of a 1:2:1 ratio of carbon to hydrogen to oxygen?
- A. carbohydrate
  - B. protein
  - C. lipid
  - D. nucleic acid
  - E. steroid
93. Which vitamin is derived from sugar monomers?
- A. vitamin D
  - B. vitamin E
  - C. vitamin C
  - D. vitamin A
  - E. vitamin B<sub>12</sub>
94. Which simple sugar is the main energy source for body cells?
- A. fructose
  - B. sucrose
  - C. lactose
  - D. glucose
  - E. galactose
95. Which of the following is not a monosaccharide?
- A. glucose
  - B. fructose
  - C. deoxyribose
  - D. starch
  - E. ribose

96. The most plentiful sugar in nature is
- A. glucose.
  - B. fructose.
  - C. sucrose.
  - D. lactose.
  - E. glycogen.
97. Most of the carbohydrates eaten by humans are in the form of
- A. monosaccharides.
  - B. polysaccharides.
  - C. oligosaccharides.
  - D. disaccharides.
  - E. five carbon sugars.
98. Fructose and glucose are
- A. isotopes.
  - B. monosaccharides.
  - C. disaccharides.
  - D. six-carbon sugars.
  - E. monosaccharides and six-carbon sugars.
99. Sucrose is composed of
- A. two molecules of fructose.
  - B. two molecules of glucose.
  - C. a molecule of fructose and a molecule of glucose.
  - D. a molecule of fructose and a molecule of galactose.
  - E. two molecules of glucose
100. Plants store a large amount of glucose in the form of
- A. starch.
  - B. glycogen.
  - C. glucose.
  - D. cellulose.
  - E. fats.
101. Stored sugar in animal muscles and liver is in the form of
- A. starch.
  - B. glycogen.
  - C. glucose.
  - D. cellulose.
  - E. fats.

102. A lipid is a

- A. polar hydrocarbon.
- B. polar peptide.
- C. nonpolar hydrocarbon.
- D. nonpolar peptide.
- E. coordinate covalent molecule.

103. A saturated hydrocarbon molecule has

- A. three double bonds.
- B. one double bond.
- C. one double and one triple bond.
- D. all single bonds.
- E. all triple bonds.

104. A molecule consisting of three fatty acid tails attached to glycerol is a(n)

- A. carbohydrate.
- B. nucleic acid.
- C. triglyceride.
- D. amino acid.
- E. oil.

105. Which of the following are lipids?

- A. steroids
- B. triglycerides
- C. oils
- D. waxes
- E. all of these

106. The most abundant lipids in the body are

- A. oils.
- B. waxes.
- C. steroids.
- D. triglycerides.
- E. fatty acids.

107. Which type of fat, often the main ingredient in margarine, has been implicated in the development of certain heart diseases?

- A. triglycerides
- B. trans fatty acids
- C. cholesterol
- D. oils
- E. waxes

108. Triglycerides yield how much more energy, gram for gram, than carbohydrates?
- A. twice as much
  - B. three times as much
  - C. four times as much
  - D. one half as much
  - E. about the same amount
109. Which is the main material of cell membranes?
- A. lipids
  - B. proteins
  - C. phospholipids
  - D. triglycerides
  - E. fatty acids
110. Why do triglycerides yield more energy than carbohydrates?
- A. they have fewer removable electrons
  - B. they have double bonds
  - C. they contain glycerol
  - D. they have more removable electrons
  - E. fatty acids
111. Which sterol, often associated with heart disease, is a crucial component to the structure and function of cells?
- A. cholesterol
  - B. triglycerides
  - C. phospholipids
  - D. cortisol
  - E. estrogen
112. Which of the following is not a derivative of cholesterol is
- A. vitamin D
  - B. bile salts
  - C. estrogen
  - D. testosterone
  - E. amino acid
113. Which element is NOT characteristic of the primary structure of proteins?
- A. carbon
  - B. hydrogen
  - C. phosphorus
  - D. sulfur
  - E. nitrogen

114. Amino acids are the building blocks for

- A. proteins.
- B. carbohydrates.
- C. nucleic acids.
- D. fats.
- E. steroids.

115. What kind of bond exists between two amino acids?

- A. hydrogen
- B. glycosidic
- C. peptide
- D. ionic
- E. sulfhydroxyl

116. The sequence of amino acids is the \_\_\_\_\_ structure of a protein.

- A. primary
- B. secondary
- C. tertiary
- D. quaternary
- E. isomeric

117. How many amino acids are known to exist?

- A. 100
- B. 50
- C. 25
- D. 20
- E. 10

118. Proteins that speed up chemical reactions are

- A. substrates.
- B. reactants.
- C. enzymes.
- D. amino acids.
- E. carboxyl groups.

119. Which part of the amino acid helps to determine its chemical properties?

- A. the amino group
- B. the carboxyl group
- C. the covalent bonds
- D. the peptide bond
- E. the R group

120. What type of bond forms at regular, short intervals along a new polypeptide chain?

- A. ionic
- B. covalent
- C. glycosidic
- D. hydrogen
- E. coordinate covalent

121. Which structure makes a protein a molecule that can perform a particular function?

- A. primary
- B. secondary
- C. tertiary
- D. quaternary
- E. isomeric

122. Which of the following exhibits fourth level (quaternary) structure?

- A. amino acids
- B. lipids
- C. glycogen
- D. hemoglobin
- E. complex carbohydrate

123. Which is the most common protein in the body?

- A. muscle
- B. collagen
- C. hemoglobin
- D. bone matrix
- E. insulin

124. The disruption of a protein's three-dimensional structure is called

- A. condensation.
- B. hydrolysis.
- C. ionization.
- D. oxidation.
- E. denaturation.

125. A glycoprotein is a combination of a protein and

- A. heme.
- B. oligosaccharides.
- C. collagen.
- D. fatty acids.
- E. nucleic acids.

126. In addition to hydrogen bonding, what type of bonds may exist in the quaternary structure of a protein?
- A. ionic
  - B. coordinate
  - C. disulfide
  - D. network
  - E. diphosphate
127. A lipoprotein is a combination of a protein and
- A. cholesterol, triglycerides and phospholipids.
  - B. oligosaccharides.
  - C. fatty acids.
  - D. nucleic acids.
  - E. collagen.
128. Which of the following is NOT found in every nucleic acid?
- A. ribose
  - B. phosphate group
  - C. purine
  - D. pyrimidine
  - E. uracil
129. What is the name for a molecule that accepts hydrogen atoms and electrons that are being removed from other molecules and transfers them to other sites for further use?
- A. enzyme
  - B. coenzyme
  - C. protein
  - D. lipid
  - E. steroid
130. Nucleotides are building blocks for
- A. proteins.
  - B. steroids.
  - C. lipids.
  - D. carbohydrates.
  - E. DNA, RNA, and ATP.
131. The nucleotide most closely associated with energy is
- A. cyclic AMP.
  - B. FAD.
  - C. ATP.
  - D. NAD.
  - E. NADPH.

132. Nucleotides contain what kind of sugars?

- A. three carbon
- B. four carbon
- C. five carbon
- D. six carbon
- E. seven carbon

133. Which molecule links chemical reactions that release energy with other reactions that require energy?

- A. DNA
- B. RNA
- C. NAD
- D. ATP
- E. cyclic AMP

134. Which type of bond holds the nucleotide bases together in a DNA molecule?

- A. hydrogen
- B. covalent
- C. ionic
- D. network
- E. peptide

135. Some pesticides can trigger

- A. hives.
- B. joint pain.
- C. headaches.
- D. asthma.
- E. all of these.

136. In what year did chemists begin developing synthetic toxins to protect crops?

- A. 1865
- B. 1900
- C. 1925
- D. 1945
- E. 1960

137. A positive effect associated with pesticide usage does not include

- A. killing disease-causing insects.
- B. killing some pathogens.
- C. increasing food supplies.
- D. increasing profits for farmers.
- E. causing cancer.



**138. Selecting the Exception**

Four of the five answers listed below possess electrons in the third orbital. The atomic number is at the right of the element. Select the exception.

- A. sodium (11)
- B. magnesium (12)
- C. chlorine (17)
- D. nitrogen (7)
- E. sulfur (16)

**139. Selecting the Exception**

Four of the five answers listed below are related by a unifying characteristic. Select the exception.

- A. ionic bond
- B. covalent bond
- C. polar bond
- D. hydrogen bond
- E. cluster of nonpolar groups

**140. Selecting the Exception**

Four of the five answers listed below are alkaline (pH above 7). Select the exception.

- A. milk of magnesia
- B. household ammonia
- C. Tums
- D. phosphate detergent
- E. cola soft drink

**141. Selecting the Exception**

Four of the five answers listed below are acidic (pH below 7). Select the exception.

- A. vinegar
- B. soft drink
- C. soap
- D. lemon juice
- E. beer

**142. Selecting the Exception**

Four of the five answers listed below are characteristics of water. Select the exception.

- A. stabilize temperature
- B. common solvent
- C. cohesion and surface tension
- D. produce salts
- E. change shape of hydrophilic and hydrophobic substances

**143. Selecting the Exception**

Four of the five answers listed below are related by a common chemical similarity. Select the exception.

- A. cellulose
- B. hydrochloric acid
- C. amino acid
- D. protein
- E. nucleic acid

**144. Selecting the Exception**

Four of the five answers listed below are related as members of the same group. Select the exception.

- A. glucose
- B. fructose
- C. cellulose
- D. ribose
- E. deoxyribose

**145. Selecting the Exception**

Four of the five answers below are related as members of the same group. Select the exception.

- A. lactose
- B. maltose
- C. sucrose
- D. table sugar
- E. glucose

**146. Selecting the Exception**

Four of the five answers listed below are carbohydrates. Select the exception.

- A. glycerol
- B. cellulose
- C. starch
- D. sucrose
- E. glycogen

**147. Selecting the Exception**

Four of the five answers listed below are lipids. Select the exception.

- A. triglyceride
- B. wax
- C. oil
- D. insulin
- E. steroid

**148. Selecting the Exception**

Four of the five answers listed below are saturated fats. Select the exception.

- A. butter
- B. bacon
- C. margarine
- D. animal fat
- E. lard

**149. Selecting the Exception**

Four of the five answers listed below are amino acids. Select the exception.

- A. tryptophan
- B. valine
- C. alanine
- D. adenine
- E. leucine

**150. Selecting the Exception**

Four of the five answers listed below are functional groups. Select the exception.

- A. R group
- B. amino group
- C. carboxyl group
- D. hydroxyl group
- E. methyl group

**151. Selecting the Exception**

Four of the five answers listed below are dissolved substances found in cells. Select the exception.

- A. nucleotides
- B. sugars
- C. amino acids
- D. alcohols
- E. fatty acids

**152. Selecting the Exception**

Four of the five answers listed below are long chains of sugars. Select the exception.

- A. polysaccharides
- B. oligosaccharides
- C. complex carbohydrates
- D. corn starch
- E. potato starch

**153. An element is**

- A. a pure substance that can be broken down to another substance.
- B. a pure substance that cannot be broken down to another substance.
- C. the smallest unit that has properties of a given element.
- D. an atom with an unstable nucleus.
- E. an atom with positive electrons.

**154. Answer the questions by matching the name to the structure of the functional group.**

- |                    |           |       |
|--------------------|-----------|-------|
| 1. OH              | amino     | _____ |
| 2. PO              | phosphate | _____ |
| 3. NH <sub>2</sub> | carbonyl  | _____ |
| 4. COOH            | carboxyl  | _____ |
| 5. CHO             | hydroxyl  | _____ |

155. Choose the one most appropriate answer for each.

- |                  |  |       |
|------------------|--|-------|
| 1. glucose       | speeds up metabolic reactions          | _____ |
| 2. enzyme        | a six-carbon sugar                     | _____ |
| 3. antioxidant   | neutralizes free radicals              | _____ |
| 4. phospholipids | principal components of cell membranes | _____ |

156. **Classification.** Many different types of reactions take place within the cell. Use the following numbers to answer the questions.

- |   |                           |       |
|---|---------------------------|-------|
| 1. Moving internal bonds converts one type of organic compound to another.                    | Cleavage                  | _____ |
| 2. A molecule splits into two smaller ones.   | Rearrangement             | _____ |
| 3. One or more electrons from one molecule are donated to another molecule.                   | Condensation              | _____ |
| 4. Two molecules covalently bond into another one.  | Functional group transfer | _____ |
| 5. One molecule gives up a functional group, and a different molecule immediately accepts it. | Electron transfer         | _____ |

## Chapter 02: Chemistry of Life **Key**

1. An element that represents less than 0.01 percent of body weight is known as a(n)
  - A. compound.
  - B.** trace element.
  - C. molecule.
  - D. isotope.
  - E. analog.
2. Which is the smallest portion of a substance that retains the properties of an element?
  - A.** atom
  - B. compound
  - C. ion
  - D. molecule
  - E. mixture
3. How many natural elements exist on Earth?
  - A. 100
  - B. 112
  - C. 88
  - D.** 96
  - E. 110
4. Which subatomic particle has a positive charge?
  - A. electron
  - B. neutron
  - C. photon
  - D. neutrino
  - E.** proton
5. Which two subatomic particles are almost always equal in number?
  - A. electrons and neutrons
  - B. protons and neutrons
  - C.** protons and electrons
  - D. photons and electrons
  - E. neutrons and neutrinos

6. Organisms consist mostly of four elements. They are carbon, hydrogen, oxygen, and
- A. iron.
  - B. chlorine.
  - C. silicon.
  - D.** nitrogen.
  - E. phosphorous.
7. The atomic number refers to the
- A. mass of an atom.
  - B.** number of protons in an atom.
  - C. number of both protons and neutrons in an atom.
  - D. number of neutrons in an atom.
  - E. number of electrons in an atom.
8. An element's mass number is equal to the sum of its
- A. protons and electrons.
  - B.** protons and neutrons.
  - C. electrons and neutrons.
  - D. protons only.
  - E. electrons only.
9. Isotopes
- A. are identical in mass number to the "standard" element.
  - B. contain a different number of electrons than the "standard" element.
  - C. contain a different number of protons than the "standard" element.
  - D.** contain the same number of protons but a different number of neutrons than the "standard" element.
  - E. are actually a different element than the "standard" element.
10. Radioisotopes
- A.** are unstable and emit energy and particles to stabilize themselves.
  - B. are different elements from the "standard" elements.
  - C. are very stable and do not change over time.
  - D. contain more electrons than the "standard" element.
  - E. contain less electrons than the "standard" element.
11. The negative subatomic particle is (are) the
- A. neutron.
  - B. proton.
  - C.** electron.
  - D. neutron and proton.
  - E. proton and electron.

12. The neutral subatomic particle is (are) the
- A.** neutron.
  - B. proton.
  - C. electron.
  - D. neutron and proton.
  - E. proton and electron.
13. The nucleus of an atom contains
- A.** neutrons and protons.
  - B. neutrons and electrons.
  - C. protons and electrons.
  - D. protons only.
  - E. neutrons only.
14. Which element does not contain a neutron in its nucleus?
- A. helium
  - B. carbon
  - C. oxygen
  - D.** hydrogen
  - E. nitrogen
15. Transmutation of an element (the change of an element into a different element) occurs due to
- A. exposure to strong sunlight.
  - B. exposure to certain chemicals.
  - C. natural aging of the element.
  - D. combining with another element.
  - E.** radioactive decay.
16. Examples of isotopes include:
- A. oxygen 8 and oxygen 16.
  - B.** carbon 12 and nitrogen 14.
  - C. hydrogen 1 and helium 1.
  - D. sodium 23 and potassium 23.
  - E. carbon 12 and carbon 14.
17. All atoms of an element have the same number of
- A. ions.
  - B.** protons.
  - C. neutrons.
  - D. electrons.
  - E. protons and neutrons.



18. A sugar or other molecule in which radioisotopes have been substituted for some atoms is a(n)
- A. enzyme.
  - B. reactant.
  - C. tracer.**
  - D. subatomic particle.
  - E. quark.
19. Positron Emission Tomography utilizes \_\_\_\_ to yield results of a scan.
- A. tracers**
  - B. x-rays
  - C. neutrinos
  - D. photons
  - E. mesons
20. The time it takes for half of a quantity of a radioisotope to decay into a more stable isotope is
- A. the same for all elements.
  - B. decay time.
  - C. half-life.**
  - D. disintegration time.
  - E. dependent on temperature.
21. A tracer is a substance with what attached to it?
- A. water
  - B. carbon
  - C. a radioisotope**
  - D. an ion
  - E. a positron
22. PET (positron-emission tomography) scans use radioisotopes attached to what substances to detect abnormalities?
- A. other radioisotopes
  - B. subatomic particles
  - C. carbon atoms
  - D. glucose or other biological molecules**
  - E. plutonium
23. The time it takes for half of a quantity of a radioisotope to decay into a more stable isotope is
- A. the same for all elements.
  - B. decay time.
  - C. half-life.**
  - D. disintegration time.
  - E. dependent on temperature.

24. The element in the body with the greatest number of atoms is
- A. phosphorus.
  - B. oxygen.
  - C.** hydrogen.
  - D. calcium.
  - E. carbon.
25. Which of the following is NOT a compound?
- A. salt
  - B. sugar
  - C.** carbon
  - D. oxygen gas
  - E. water
26. Electrons move around the atomic nucleus in
- A. zigzag patterns.
  - B. straight paths.
  - C.** shells.
  - D. two dimensions.
  - E. one dimension.
27. Electrons inside a shell travel in
- A. straight paths.
  - B.** orbitals
  - C. zigzag patterns
  - D. two dimensions
  - E. one dimension
28. The maximum number of electrons in a shell is
- A. two.
  - B. four.
  - C. six.
  - D.** eight.
  - E. ten.
29. A union between the electron structures of atoms is a(n)
- A.** chemical bond.
  - B. hydrogen bond.
  - C. isotopic bond.
  - D. physical bond.
  - E. atomic bond.

30. When an atom's outer shell is filled it is
- unstable.
  - an ion.
  - C.** most stable.
  - polarized.
  - negatively charged.
31. Which of the following is not one of the four most abundant elements in the body?
- carbon
  - hydrogen
  - oxygen
  - nitrogen
  - E.** calcium
32. The bonding of two or more atoms creates a(n)
- ion.
  - B.** molecule.
  - mixture.
  - suspension.
  - particle.
33. Atoms without vacancies are considered to be
- ions.
  - negatively charged.
  - positively charged.
  - D.** inert.
  - highly active.
34. Choose the correct formula for the reaction that takes place between hydrogen and oxygen to produce water.
- $H_2 + O \rightarrow H_2O$
  - $H^2 + O \rightarrow H_2O$
  - C.**  $2H_2 + O_2 \rightarrow 2H_2O$
  - $2H^2O + O_2 \rightarrow 4H_2O$
  - $2H_2^2 + 2O_2 \rightarrow 2H_2O$
35. A(n) \_\_\_\_\_ consists of two or more bonded elements in proportions that never vary.
- ion
  - mixture
  - C.** compound
  - network solid
  - satisfied orbital

36. When two or more molecules simply mingle, a(n) \_\_\_\_\_ is created.
- A. compound
  - B.** mixture
  - C. molecule
  - D. ionic compound
  - E. suspension
37. An atom that is considered *inert* is
- A. oxygen.
  - B. hydrogen.
  - C. nitrogen.
  - D. carbon.
  - E.** helium.
38. Water is an example of a(n)
- A. atom.
  - B. ion.
  - C.** compound.
  - D. mixture.
  - E. element.
39. Which of the following answers include all the others?
- A. atoms
  - B.** molecules
  - C. electrons
  - D. elements
  - E. protons
40. Which of the following is NOT an element?
- A.** water
  - B. oxygen
  - C. carbon
  - D. chlorine
  - E. hydrogen
41. A molecule is
- A.** a combination of two or more atoms.
  - B. less stable than its constituent atoms separated.
  - C. electrically charged.
  - D. a carrier of one or more extra neutrons.
  - E. one atom.

42. A bond that joins atoms that have opposite charges is a(n)
- A. covalent bond.
  - B. hydrogen bond.
  - C.** ionic bond.
  - D. coordinate covalent bond.
  - E. polar covalent bond.
43. What is formed when an atom loses or gains an electron?
- A. a molecule
  - B.** an ion
  - C. a compound
  - D. a mixture
  - E. a solvent
44. Generally, an atom carries no charge because it has as many electrons as
- A. neutrons.
  - B. orbitals.
  - C. shells.
  - D.** protons.
  - E. neutrinos.
45. The bond in table salt (NaCl) is
- A. polar.
  - B.** ionic.
  - C. covalent.
  - D. double.
  - E. nonpolar.
46. The bond formed when atoms share electrons is a(n) \_\_\_\_\_ bond.
- A. hydrogen
  - B. ionic
  - C.** covalent
  - D. crystalline
  - E. network
47. A hydrogen bond is
- A. a sharing of a pair of electrons between a hydrogen and an oxygen nucleus.
  - B. a sharing of a pair of electrons between a hydrogen nucleus and either an oxygen or a nitrogen nucleus.
  - C.** an attractive force that involves a hydrogen atom and an oxygen or a nitrogen atom that are either in two different molecules or within the same molecule.
  - D. found only in water molecules.
  - E. is the strongest form of chemical bond.

48. A water molecule is an example of which type of molecule?
- A. polar covalent
  - B. nonpolar covalent
  - C. ionic
  - D. coordinate covalent
  - E. network
49. Molecular hydrogen is an example of which type of molecule?
- A. polar covalent
  - B. nonpolar covalent
  - C. ionic
  - D. coordinate covalent
  - E. network
50. In a polar covalent bond, the atoms of the different elements do not share electrons equally because
- A. one is a metal and one is a non-metal.
  - B. both are metals.
  - C. both are non-metals.
  - D. one element has more neutrons.
  - E. one element has more protons.
51. Which type of bond holds the two strands of DNA together?
- A. ionic
  - B. network
  - C. polar covalent
  - D. hydrogen
  - E. non-polar covalent
52. Which type of bond makes water liquid?
- A. ionic
  - B. covalent
  - C. polar covalent
  - D. nonpolar covalent
  - E. hydrogen
53. How do hydrophobic molecules interact with water?
- A. attracted to
  - B. absorbed by
  - C. repelled by
  - D. mixed with
  - E. polarized bond

54. Why does water have a high heat capacity?
- A. because it has covalent bonds
  - B. because it has ionic bonds
  - C.** because it has hydrogen bonds
  - D. because it has a high boiling point
  - E. because it has a low freezing point
55. What makes water a solvent?
- A. Fats dissolve in it.
  - B.** Ions and polar molecules dissolve in it.
  - C. It mixes well with alcohol.
  - D. It evaporates easily.
  - E. It contains no minerals.
56. Water stabilizes body temperature and dissolves many substances because
- A. it evaporates easily.
  - B. its molecules are covalent.
  - C. its molecules are ionic.
  - D.** it contains hydrogen bonds.
  - E. it is free of minerals.
57. A salt will dissolve in water to form
- A. acids.
  - B. gases.
  - C.** ions.
  - D. bases.
  - E. polar solvents.
58. The process in which an atom or molecule loses one or more electrons to another atom or molecule is called
- A. reduction.
  - B. dehydration.
  - C.** oxidation.
  - D. condensation.
  - E. hydrolysis.
59. The many oxidation reactions that take place in our bodies cause the formation of
- A.** free radicals.
  - B. antioxidants.
  - C. covalent molecules.
  - D. ionic molecules.
  - E. hydrogen bonds.

60. A free radical will "steal" what particle from a stable molecule?
- A. a proton
  - B. a neutron
  - C. an atom
  - D.** an electron
  - E. a positron
61. Substances that give up an electron to a free radical are called
- A. reducing agents.
  - B. oxidizing agents.
  - C. neutralizing agents.
  - D. antibiotics.
  - E.** antioxidants.
62. Antioxidant-rich foods are typically
- A.** low in fat and high in fiber.
  - B. high in fat and low in fiber.
  - C. high in sugars and low in fat.
  - D. high in fiber and high in fat.
  - E. low in sugars and high in fiber.
63. Natural sources of antioxidants do not include
- A. vitamin C.
  - B. vitamin E.
  - C. orange vegetables.
  - D. green leafy vegetables.
  - E.**  $\text{O}_2^-$ .
64. The pH scale measures the
- A. hydroxide ion concentration.
  - B. concentration of a water-based solution.
  - C.** hydrogen ion concentration.
  - D. number of water molecules in a solution.
  - E. concentration of dissolved solute.
65. A reaction of a strong acid and a strong base will produce water and
- A. a buffer.
  - B.** a salt.
  - C. gas.
  - D. solid precipitate.
  - E. solute.



66. Which of the following would NOT be used in connection with the word *acid*?
- A. excess hydrogen ions
  - B. contents of the stomach
  - C. magnesium hydroxide**
  - D. pH less than 7
  - E. HCl
67. Fluid inside most human cells is about
- A. pH 7.**
  - B. pH 9.
  - C. pH 4.
  - D. pH 11.
  - E. pH 2.
68. Smoke from fossil fuels, motor vehicle exhaust, and nitrogen fertilizers can lead to
- A. greater cloud formation.
  - B. acid rain.**
  - C. basic rain.
  - D. rain with high mineral content.
  - E. salted rain.
69. Cellular pH is kept near a value of 7 because of
- A. salts.
  - B. buffers.**
  - C. acids.
  - D. bases.
  - E. water.
70.  $\text{H}_2\text{CO}_3$  is
- A. sulfuric acid.
  - B. carbonic acid.**
  - C. carbolic acid.
  - D. hydrochloric acid.
  - E. nitric acid.
71. HCl in the stomach acts to
- A. neutralize buffers.
  - B. kill harmful bacteria.**
  - C. switch off certain digestive enzymes.
  - D. produce trypsin.
  - E. prevent breakdown of protein.

72. A buffer system
- A. makes new hydrogen ions.
  - B. eliminates hydrogen ions already present.
  - C. binds carbon ions.
  - D.** releases hydrogen ions.
  - E. produce excess acid.
73. A pH of 10 is how many times as basic as a pH of 7?
- A. 2
  - B. 3
  - C. 10
  - D. 100
  - E.** 1000
74. A buildup of  $\text{H}_2\text{CO}_3$  in the blood will lead to
- A. alkalosis.
  - B. calcium buildup.
  - C.** acidosis.
  - D. hydroxide ion increase.
  - E.  $\text{HCO}_3^-$  increase.
75. What substances will release hydrogen ions when their concentration is low and accept them when their concentration is high?
- A. salts
  - B. acids
  - C. bases
  - D.** buffers
  - E. alkalines
76. If a molecule contains carbon and at least one atom of hydrogen, it is referred to as being
- A. inorganic.
  - B. acidic.
  - C. basic.
  - D.** organic.
  - E. crystalline.
77. Each carbon atom can share pairs of electrons with as many as \_\_\_\_\_ other atoms.
- A. 2
  - B. 3
  - C.** 4
  - D. 5
  - E. 6

78. Atoms or clusters of atoms that are covalently bonded to carbon and influence the behavior of organic compounds are known as
- A.** functional groups.
  - B. ions.
  - C. acids.
  - D. network solids.
  - E. anhydrides.
79. Proteins that speed up reactions are known as
- A. salts.
  - B. buffers.
  - C. monomers.
  - D. polymers.
  - E.** enzymes.
80. Which element makes up more than half of the human body?
- A. calcium
  - B. hydrogen
  - C. oxygen
  - D.** carbon
  - E. nitrogen
81. Condensation reactions are also referred to as
- A. hydrolysis.
  - B.** dehydration synthesis.
  - C. lytic reactions.
  - D. recombination.
  - E. transmutation.
82. The three most common atoms in your body are
- A.** hydrogen, oxygen, and carbon.
  - B. carbon, hydrogen, and nitrogen.
  - C. carbon, nitrogen, and oxygen.
  - D. nitrogen, hydrogen, and oxygen.
  - E. carbon, oxygen, and sulfur.
83. A large molecule built of three to millions of subunits is a(n)
- A. monomer.
  - B. ion.
  - C.** polymer.
  - D. enzyme.
  - E. functional unit.

84. The process by which two molecules covalently bond into a larger one is
- A.** condensation.
  - B. cleavage.
  - C. functional group transfer.
  - D. electron transfer.
  - E. rearrangement.
85. The process by which a molecule splits into two smaller ones is
- A. condensation.
  - B.** cleavage.
  - C. functional group transfer.
  - D. electron transfer.
  - E. rearrangement.
86. The process by which one or more electrons from one molecule are donated to another molecule is
- A. condensation.
  - B. cleavage.
  - C. functional group transfer.
  - D.** electron transfer.
  - E. rearrangement.
87. The process by which a molecule gives up a functional group, and a different molecule immediately accepts it, is
- A. condensation.
  - B. cleavage.
  - C.** functional group transfer.
  - D. electron transfer.
  - E. rearrangement.
88. The process by which the movement of internal bonds converts one type of organic compound to another is
- A. condensation.
  - B. cleavage.
  - C. functional group transfer.
  - D. electron transfer.
  - E.** rearrangement.
89. The insertion of water ( $H^+$  and  $OH^-$ ) into an enzymatically split molecule is
- A.** hydrolysis.
  - B. dehydration synthesis.
  - C. condensation.
  - D. cleavage.
  - E. polymerization.

90. Which of the following includes all of the others?
- A. sucrose
  - B. glucose
  - C. cellulose
  - D. glycogen
  - E. carbohydrate**
91. Which of the following is a building block of carbohydrates?
- A. glycerol
  - B. nucleotide
  - C. simple sugar
  - D. monosaccharide
  - E. glucose**
92. Which of the following is composed of a 1:2:1 ratio of carbon to hydrogen to oxygen?
- A. carbohydrate**
  - B. protein
  - C. lipid
  - D. nucleic acid
  - E. steroid
93. Which vitamin is derived from sugar monomers?
- A. vitamin D
  - B. vitamin E
  - C. vitamin C**
  - D. vitamin A
  - E. vitamin B<sub>12</sub>
94. Which simple sugar is the main energy source for body cells?
- A. fructose
  - B. sucrose
  - C. lactose
  - D. glucose**
  - E. galactose
95. Which of the following is not a monosaccharide?
- A. glucose
  - B. fructose
  - C. deoxyribose
  - D. starch**
  - E. ribose

96. The most plentiful sugar in nature is
- A. glucose.
  - B. fructose.
  - C.** sucrose.
  - D. lactose.
  - E. glycogen.
97. Most of the carbohydrates eaten by humans are in the form of
- A. monosaccharides.
  - B.** polysaccharides.
  - C. oligosaccharides.
  - D. disaccharides.
  - E. five carbon sugars.
98. Fructose and glucose are
- A. isotopes.
  - B. monosaccharides.
  - C. disaccharides.
  - D. six-carbon sugars.
  - E.** monosaccharides and six-carbon sugars.
99. Sucrose is composed of
- A. two molecules of fructose.
  - B. two molecules of glucose.
  - C.** a molecule of fructose and a molecule of glucose.
  - D. a molecule of fructose and a molecule of galactose.
  - E. two molecules of glucose
100. Plants store a large amount of glucose in the form of
- A. starch.
  - B. glycogen.
  - C. glucose.
  - D.** cellulose.
  - E. fats.
101. Stored sugar in animal muscles and liver is in the form of
- A. starch.
  - B.** glycogen.
  - C. glucose.
  - D. cellulose.
  - E. fats.

102. A lipid is a
- A. polar hydrocarbon.
  - B. polar peptide.
  - C.** nonpolar hydrocarbon.
  - D. nonpolar peptide.
  - E. coordinate covalent molecule.
103. A saturated hydrocarbon molecule has
- A. three double bonds.
  - B. one double bond.
  - C. one double and one triple bond.
  - D.** all single bonds.
  - E. all triple bonds.
104. A molecule consisting of three fatty acid tails attached to glycerol is a(n)
- A. carbohydrate.
  - B. nucleic acid.
  - C.** triglyceride.
  - D. amino acid.
  - E. oil.
105. Which of the following are lipids?
- A. steroids
  - B. triglycerides
  - C. oils
  - D. waxes
  - E.** all of these
106. The most abundant lipids in the body are
- A. oils.
  - B. waxes.
  - C. steroids.
  - D.** triglycerides.
  - E. fatty acids.
107. Which type of fat, often the main ingredient in margarine, has been implicated in the development of certain heart diseases?
- A. triglycerides
  - B.** trans fatty acids
  - C. cholesterol
  - D. oils
  - E. waxes

108. Triglycerides yield how much more energy, gram for gram, than carbohydrates?
- A. twice as much
  - B. three times as much
  - C. four times as much
  - D. one half as much
  - E. about the same amount
109. Which is the main material of cell membranes?
- A. lipids
  - B. proteins
  - C. phospholipids
  - D. triglycerides
  - E. fatty acids
110. Why do triglycerides yield more energy than carbohydrates?
- A. they have fewer removable electrons
  - B. they have double bonds
  - C. they contain glycerol
  - D. they have more removable electrons
  - E. fatty acids
111. Which sterol, often associated with heart disease, is a crucial component to the structure and function of cells?
- A. cholesterol
  - B. triglycerides
  - C. phospholipids
  - D. cortisol
  - E. estrogen
112. Which of the following is not a derivative of cholesterol is
- A. vitamin D
  - B. bile salts
  - C. estrogen
  - D. testosterone
  - E. amino acid
113. Which element is NOT characteristic of the primary structure of proteins?
- A. carbon
  - B. hydrogen
  - C. phosphorus
  - D. sulfur
  - E. nitrogen



114. Amino acids are the building blocks for
- A. proteins.
  - B. carbohydrates.
  - C. nucleic acids.
  - D. fats.
  - E. steroids.
115. What kind of bond exists between two amino acids?
- A. hydrogen
  - B. glycosidic
  - C. peptide
  - D. ionic
  - E. sulfhydroxyl
116. The sequence of amino acids is the \_\_\_\_\_ structure of a protein.
- A. primary
  - B. secondary
  - C. tertiary
  - D. quaternary
  - E. isomeric
117. How many amino acids are known to exist?
- A. 100
  - B. 50
  - C. 25
  - D. 20
  - E. 10
118. Proteins that speed up chemical reactions are
- A. substrates.
  - B. reactants.
  - C. enzymes.
  - D. amino acids.
  - E. carboxyl groups.
119. Which part of the amino acid helps to determine its chemical properties?
- A. the amino group
  - B. the carboxyl group
  - C. the covalent bonds
  - D. the peptide bond
  - E. the R group

120. What type of bond forms at regular, short intervals along a new polypeptide chain?
- A. ionic
  - B. covalent
  - C. glycosidic
  - D. hydrogen**
  - E. coordinate covalent
121. Which structure makes a protein a molecule that can perform a particular function?
- A. primary
  - B. secondary
  - C. tertiary**
  - D. quaternary
  - E. isomeric
122. Which of the following exhibits fourth level (quaternary) structure?
- A. amino acids
  - B. lipids
  - C. glycogen
  - D. hemoglobin**
  - E. complex carbohydrate
123. Which is the most common protein in the body?
- A. muscle
  - B. collagen**
  - C. hemoglobin
  - D. bone matrix
  - E. insulin
124. The disruption of a protein's three-dimensional structure is called
- A. condensation.
  - B. hydrolysis.
  - C. ionization.
  - D. oxidation.
  - E. denaturation.**
125. A glycoprotein is a combination of a protein and
- A. heme.
  - B. oligosaccharides.**
  - C. collagen.
  - D. fatty acids.
  - E. nucleic acids.

126. In addition to hydrogen bonding, what type of bonds may exist in the quaternary structure of a protein?
- A. ionic
  - B. coordinate
  - C. disulfide**
  - D. network
  - E. diphosphate
127. A lipoprotein is a combination of a protein and
- A. cholesterol, triglycerides and phospholipids.**
  - B. oligosaccharides.
  - C. fatty acids.
  - D. nucleic acids.
  - E. collagen.
128. Which of the following is NOT found in every nucleic acid?
- A. ribose
  - B. phosphate group
  - C. purine
  - D. pyrimidine
  - E. uracil**
129. What is the name for a molecule that accepts hydrogen atoms and electrons that are being removed from other molecules and transfers them to other sites for further use?
- A. enzyme
  - B. coenzyme**
  - C. protein
  - D. lipid
  - E. steroid
130. Nucleotides are building blocks for
- A. proteins.
  - B. steroids.
  - C. lipids.
  - D. carbohydrates.
  - E. DNA, RNA, and ATP.**
131. The nucleotide most closely associated with energy is
- A. cyclic AMP.
  - B. FAD.
  - C. ATP.**
  - D. NAD.
  - E. NADPH.

132. Nucleotides contain what kind of sugars?
- A. three carbon
  - B. four carbon
  - C.** five carbon
  - D. six carbon
  - E. seven carbon
133. Which molecule links chemical reactions that release energy with other reactions that require energy?
- A. DNA
  - B. RNA
  - C. NAD
  - D.** ATP
  - E. cyclic AMP
134. Which type of bond holds the nucleotide bases together in a DNA molecule?
- A.** hydrogen
  - B. covalent
  - C. ionic
  - D. network
  - E. peptide
135. Some pesticides can trigger
- A. hives.
  - B. joint pain.
  - C. headaches.
  - D. asthma.
  - E.** all of these.
136. In what year did chemists begin developing synthetic toxins to protect crops?
- A. 1865
  - B. 1900
  - C. 1925
  - D.** 1945
  - E. 1960
137. A positive effect associated with pesticide usage does not include
- A. killing disease-causing insects.
  - B. killing some pathogens.
  - C. increasing food supplies.
  - D. increasing profits for farmers.
  - E.** causing cancer.

138. **Selecting the Exception**

Four of the five answers listed below possess electrons in the third orbital. The atomic number is at the right of the element. Select the exception.

- A. sodium (11)
- B. magnesium (12)
- C. chlorine (17)
- D.** nitrogen (7)
- E. sulfur (16)

139. **Selecting the Exception**

Four of the five answers listed below are related by a unifying characteristic. Select the exception.

- A. ionic bond
- B. covalent bond
- C. polar bond
- D. hydrogen bond
- E.** cluster of nonpolar groups

140. **Selecting the Exception**

Four of the five answers listed below are alkaline (pH above 7). Select the exception.

- A. milk of magnesia
- B. household ammonia
- C. Tums<sup>®</sup>
- D. phosphate detergent
- E.** cola soft drink

141. **Selecting the Exception**

Four of the five answers listed below are acidic (pH below 7). Select the exception.

- A. vinegar
- B. soft drink
- C.** soap
- D. lemon juice
- E. beer

142. **Selecting the Exception**

Four of the five answers listed below are characteristics of water. Select the exception.

- A. stabilize temperature
- B. common solvent
- C. cohesion and surface tension
- D.** produce salts
- E. change shape of hydrophilic and hydrophobic substances

143. **Selecting the Exception**

Four of the five answers listed below are related by a common chemical similarity. Select the exception.

- A. cellulose
- B.** hydrochloric acid
- C. amino acid
- D. protein
- E. nucleic acid

144. **Selecting the Exception**

Four of the five answers listed below are related as members of the same group. Select the exception.

- A. glucose
- B. fructose
- C.** cellulose
- D. ribose
- E. deoxyribose

145. **Selecting the Exception**

Four of the five answers below are related as members of the same group. Select the exception.

- A. lactose
- B. maltose
- C. sucrose
- D. table sugar
- E.** glucose

146. **Selecting the Exception**

Four of the five answers listed below are carbohydrates. Select the exception.

- A. glycerol
- B. cellulose
- C. starch
- D. sucrose
- E. glycogen

147. **Selecting the Exception**

Four of the five answers listed below are lipids. Select the exception.

- A. triglyceride
- B. wax
- C. oil
- D. insulin
- E. steroid

148. **Selecting the Exception**

Four of the five answers listed below are saturated fats. Select the exception.

- A. butter
- B. bacon
- C. margarine
- D. animal fat
- E. lard

149. **Selecting the Exception**

Four of the five answers listed below are amino acids. Select the exception.

- A. tryptophan
- B. valine
- C. alanine
- D. adenine
- E. leucine

150. **Selecting the Exception**

Four of the five answers listed below are functional groups. Select the exception.

- A. R group
- B. amino group
- C. carboxyl group
- D. hydroxyl group
- E. methyl group

151. **Selecting the Exception**

Four of the five answers listed below are dissolved substances found in cells. Select the exception.

- A. nucleotides
- B. sugars
- C. amino acids
- D. alcohols
- E. fatty acids

152. **Selecting the Exception**

Four of the five answers listed below are long chains of sugars. Select the exception.

- A. polysaccharides
- B. oligosaccharides
- C. complex carbohydrates
- D. corn starch
- E. potato starch

153. An element is

- A. a pure substance that can be broken down to another substance.
- B. a pure substance that cannot be broken down to another substance.
- C. the smallest unit that has properties of a given element.
- D. an atom with an unstable nucleus.
- E. an atom with positive electrons.

154. Answer the questions by matching the name to the structure of the functional group.

- |                    |           |          |
|--------------------|-----------|----------|
| 1. OH              | amino     | <u>3</u> |
| 2. PO              | phosphate | <u>2</u> |
| 3. NH <sup>4</sup> | carbonyl  | <u>5</u> |
| 4. COOH            | carboxyl  | <u>4</u> |
| 5. CHO             | hydroxyl  | <u>1</u> |



155. Choose the one most appropriate answer for each.

- |                  |  |          |
|------------------|--|----------|
| 1. glucose       | speeds up metabolic reactions          | <u>2</u> |
| 2. enzyme        | a six-carbon sugar                     | <u>1</u> |
| 3. antioxidant   | neutralizes free radicals              | <u>3</u> |
| 4. phospholipids | principal components of cell membranes | <u>4</u> |

156. **Classification.** Many different types of reactions take place within the cell. Use the following numbers to answer the questions.

- |   |                           |          |
|---|---------------------------|----------|
| 1. Moving internal bonds converts one type of organic compound to another.                    | Cleavage                  | <u>2</u> |
| 2. A molecule splits into two smaller ones.   | Rearrangement             | <u>1</u> |
| 3. One or more electrons from one molecule are donated to another molecule.                   | Condensation              | <u>4</u> |
| 4. Two molecules covalently bond into another one.  | Functional group transfer | <u>5</u> |
| 5. One molecule gives up a functional group, and a different molecule immediately accepts it. | Electron transfer         | <u>3</u> |