

TEST BANK



Contemporary
**Maternal-Newborn
Nursing Care**



Sixth Edition

LADWIG • LONDON • DAVIDSON



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MULTIPLE CHOICE. Choose the one alternative that best completes the statement or answers the question.

- 1) The physician has determined that a laboring client must have a cesarean birth. Neither partner speaks English. What is the best way for the nurse to obtain their consent for this surgery? 1) _____
- A) Read the permit aloud, slowly, in English. Hand the client a pen and the permit; point to the signature line and make writing motions with your hand.
 - B) Draw pictures and use gestures to explain what will happen and ensure that the couple understand and consent.
 - C) Ask a bilingual staff member, if available, to translate, or attempt to get an interpreter to explain the surgery permit for the client before the client signs it.
 - D) Let the physician handle it; assume the physician will assure that the client and her partner understand what is going to happen.

- 2) According to Duvall, what serves as a marker for most of a family's developmental stage? 2) _____
- A) the youngest child's age
 - B) the mother's age
 - C) the father's age
 - D) the oldest child's age

- 3) A woman of Korean descent has just given birth to a son. Her partner wishes to give her sips of hot broth from a thermos he brought from home. The client has refused your offer of ice chips or other cold drinks. The nurse should: 3) _____
- A) explain to the client that she can have the broth if she will also drink cold water or juice.
 - B) encourage the client to have the broth, after the nurse takes it to the kitchen and boils it first.
 - C) encourage the partner to feed the client sips of broth. Ask if the client would like you to bring her some warm water to drink as well.
 - D) explain to the couple that food can't be brought from home, but that the nurse will make hot broth for the client.

- 4) A home health nurse has set up a home visit with a Korean couple in order to follow up on their jaundiced 4-day-old baby, who was discharged home yesterday. What family member(s) might one be expected to be present in the home as relates to the family power structure? 4) _____
- A) just the parents
 - B) the godparents
 - C) the grandmother
 - D) the grandfather

- 5) The nurse is caring for a postpartal client who is of Hmong descent and immigrated to the United States 5 years ago. The client asks for the regular hospital menu because she likes American food. The nurse assesses this response to be related to which of the following cultural concepts? 5) _____
- A) acculturation
 - B) assimilation
 - C) enculturation
 - D) ethnocentrism

- 6) A father and mother who work are considered what type of family? 6) _____
- A) an extended family
 - B) a traditional nuclear family
 - C) a dual-career/dual-earner family
 - D) an extended kin family
- 7) What would not be a reason for an increase in the number of couples choosing to remain childless? 7) _____
- A) marked increase in elective sterilization
 - B) wider societal acceptance of childlessness
 - C) increase in opportunities for women in the workplace
 - D) delayed marriage
- 8) Which of the following nursing actions are most likely to establish a trusting relationship for a client and family while obtaining a family assessment? (Select all that apply.) 8) _____
- A) Show respect for cultural norms and customs.
 - B) Avoid use of technical terms.
 - C) Select a comfortable, private environment, free from interruptions.
 - D) Show interest in the family relationship of all people residing in the household.
 - E) Make eye contact as much as possible.
- 9) According to studies done on gay and lesbian families, what significant differences might be expected in parent/child and peer relationships of children raised in a gay/ lesbian household as compared with traditional heterosexual parenting? 9) _____
- A) children seem to experience no differences
 - B) children being more inclined to use drugs
 - C) children fighting more with the biological parent
 - D) children fighting more with the partner of the biological parent
- 10) The dramatic increase in complementary and alternative therapies that began in the final decade of the 20th century probably was the result of which of the following factors? (Select all that apply.) 10) _____
- A) increased media attention
 - B) the advent of the Internet
 - C) the use of traditional Western medicine for treatment
 - D) increased consumer awareness of the limitations of conventional medicine
 - E) increased international travel
- 11) The Office of Alternative Medicine (OAM) was mandated by Congress for what purpose? 11) _____
- A) to promote research into embryonic stem cell use
 - B) to promote research into complementary therapies and dissemination of information to consumers
 - C) to promote research exclusively on alternative therapies from Eastern medicine
 - D) to promote research into only those alternative therapies that had a certification program for the practitioners

- 12) Complementary and alternative therapies have many benefits for the childbearing family and others. However, many of these remedies have associated risks. Which of the following situations would be considered a risk? (Select all that apply.) 12) _____
- A) taking an herbal preparation suggested by a health food store worker for treatment of leg pain
 - B) getting a massage from a licensed massage therapist for back pain, prescribed by the primary caregiver
 - C) joining a group that practices Tai Chi weekly to help with physical fitness and movement
 - D) getting a chiropractic treatment for low back pain due to discomforts of pregnancy without telling the primary health care provider
 - E) trying out a homeopathic medicine from a friend to reduce swelling in the legs
- 13) A pregnant client is interested in the use of herbs during her pregnancy. There are basic principles the nurse should follow in advising the client. What would not be considered a basic principle? 13) _____
- A) Avoid highly concentrated extracts of herbs.
 - B) Avoid the use of any herbs throughout pregnancy.
 - C) Consult with your health care provider before taking any herbs, even as teas.
 - D) Avoid the use of any herbs during the first trimester.
- 14) Nurses who create a climate of respect and openness tend to be more effective when gathering information about a client's use of several complementary therapies. Which of the following nursing actions would not be effective? 14) _____
- A) asking questions that are direct and nonjudgmental in seeking information about the client's use of complimentary therapies
 - B) telling the client to be cautious about any complementary therapy, because there are many risks associated with them
 - C) avoiding negative or disparaging comments about complementary therapies
 - D) asking questions about specific therapies, including the use of herbal therapy and homeopathy
- 15) Research suggests that the people most likely to use complementary and alternative therapies medicine are: 15) _____
- A) young adult females in their twenties who are middle class.
 - B) affluent middle-aged women.
 - C) affluent middle-aged men.
 - D) elderly women who are middle class.

- 1) C
- 2) D
- 3) C
- 4) D
- 5) A
- 6) C
- 7) A
- 8) A, B, C, D
- 9) A
- 10) A, B, D, E
- 11) B
- 12) A, D, E
- 13) B
- 14) B
- 15) B