

Understanding Human Behavior and the Social Environment

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Chapter 2 Biological Development in Infancy and Childhood

EPAS	EPAS Competency/Practice Behavior	Multiple	True or	Essay
#		Choice	False	
2.1.1c	Attend to professional roles and boundaries			13
2.1.1e	Engage in career-long learning			12, 14
2.1.2	Apply social work ethical principles to guide professional			2, 11-
	practice			12,
				14-15
2.1.2a	Recognize and manage personal values in a way that allows	16-21	22-23	11,
	professional values to guide practice			13-14
2.1.2b	Make ethical decisions by applying standards of the			13-14
	National Association of Social Workers Code of Ethics and,			
	as applicable, of the International Federation of Social			
	Workers/International Association of Schools of Social			
	work Ethics in Social Work, Statement of Principles			
2.1.2c	Tolerate ambiguity in resolving ethical conflicts	16-21		11,
				13-14
2.1.2d	Apply strategies of ethical reasoning to arrive at principled decisions			13-14
2.1.4	Engage diversity and difference in practice		27	
2.1.4	Advance human rights and social and economic justice	17	21	
2.1.5 2.1.5a	Understand forms and mechanisms of oppression and	17	31	5
2.1.Ja	discrimination		51	5
2.1.5b	Advocate for human rights and social and economic justice		31-32	4
2.1.5c	Engage in practices that advance social and economic justice		31	
2.1.7	Apply knowledge of human behavior and the social environment	1-25	1-32	1-15
2.1.7a	Utilize conceptual frameworks to guide the processes of	1-25	1-32	1-15
	assessment, intervention, and evaluation			
2.1.7b	Critique and apply knowledge to understand person and	1-25	1-32	1-15
	environment			
2.1.10e	Assess client strengths and limitations	7	7, 13	7
2.1.10g	Select appropriate intervention strategies		29-30	15
2.1.10i	Implement prevention interventions that enhance client	3	5-6	1-2
	capacities			
2.1.10k	Negotiate, mediate, and advocate for clients			4

Le	arning Objectives (LO)	Multiple	True/	Essay
		Choice	False	
А.	Describe the dynamics of human reproduction, including con-	1-8	1-14	1-5
	ception, diagnosis of pregnancy, fetal development, prenatal influ-			
	ences and assessment, problem pregnancies, and the birth process			
В.	Explain normal developmental milestones as children progress	9-15	15-21	6-10
	through infancy and childhood			
C.	Explore abortion and infertility, two critical situations and life	16-25	22-32	11-15
	events that concern the decision to have children			

Multiple-Choice Questions

1.	Fingerlike proA.CiliaB.BlastoC.FimbrD.Zygot	ocyst iae	at the end o	of the fallopian tube draw the egg into the tube.
	ANS: C	LO: A	PG: 57	EPAS: 2.1.7, 2.1.7a, 2.1.7b
2.	The genetic mA.BlastoB.ZygotC.CiliaD.Fimbr	e	g and sperm com	pine to form a single cell called a:
	ANS: B	LO: A	PG: 57	EPAS: 2.1.7, 2.1.7a, 2.1.7b
3.	A.Pregn. with IB.WomeC.Teen I	Down syndrome en age 35 and ov mothers account	age forty have a er account for ov for over 10 perce	bout a 1 in 1,000 chance of giving birth to a baby ver 30 percent of all births in the United States ent of all U.S. births e likely to be underweight
	ANS: C	LO: A	PG: 61	EPAS: 2.1.7, 2.1.7a, 2.1.7b, 2.1.10i
4.	Symptoms of urine, and can A. Toxer B. Alpha C. Ectop D. Oxyto	cause death. nia -feto ia	igh blood pressu	re, rapid weight gain, fluid retention, protein in the
	ANS: A	LO: A	PG: 64	EPAS: 2.1.7, 2.1.7a, 2.1.7b
5.	A. First sB. SeconC. Third	d stage stage		each other in length
	ANS: A	LO: A	PG: 65	EPAS: 2.1.7, 2.1.7a, 2.1.7b

6.	as a	ely 95 percent of presentation.	of babies are borr	with their heads emerging first. This is refe	rred to			
	B. Vert							
	C. Bree							
	D. Caes	sarean						
	ANS: B	LO: A	PG: 66	EPAS: 2.1.7, 2.1.7a, 2.1.7b				
7.	The maximu	m Apgar score	possible is:					
	A. 10							
	B. 20							
	C. 36 D. 50							
	ANS: A	LO: A	PG: 67	EPAS: 2.1.7, 2.1.7a, 2.1.7b, 2.1.10e				
8.	~ ~	ely perc	ent of babies bor	n in the United States have low birth weights.				
	A. 2							
	B. 8 C. 15							
	D. 22							
		LO: A	DC. 69	EDAS, 217, 217, 217h				
	ANS: B	LO. A	PG: 68	EPAS: 2.1.7, 2.1.7a, 2.1.7b				
9.	master mani	-	the tendency to body extremities.	develop aspects of the body trunk first and the	en later			
		halocaudal						
	-	otorchistal						
	D. Prox	kimodistal						
	ANS: D	LO: B	PG: 70	EPAS: 2.1.7, 2.1.7a, 2.1.7b				
10.		A child is usually able to crawl well by age:						
	A. 4 m							
		onths onths						
	D. 1 ye							
	D. Tyc	ui						
	ANS: D	LO: B	PG: 73	EPAS: 2.1.7, 2.1.7a, 2.1.7b				
11.	At, cł	At , children's vocabularies consist of more than three but less than fifty words.						
	A. 1 ye							
		nonths						
	C. 2 ye D. 3 ye							
	D. 5 ye	a15						
	ANS: B	LO: B	PG: 74	EPAS: 2.1.7, 2.1.7a, 2.1.7b				

12.	go with them A. 18 m B. 2 yea	n, with accidents nonths ars 2 years		nemselves, although they frequently ask someone to y happening at night.
	ANS: D	LO: B	PG: 75	EPAS: 2.1.7, 2.1.7a, 2.1.7b
13.	-	-olds are in the other children o	· ·	rating from their parents and begin to prefer the
	ANS: C	LO: B	PG: 75	EPAS: 2.1.7, 2.1.7a, 2.1.7b
14.			bictures children nt hand becomes v	draw, although simple, are finally recognizable. vell established.
	ANS: B	LO: B	PG: 75-76	EPAS: 2.1.7, 2.1.7a, 2.1.7b
15.		nes alone, go to 5 8 10		an allowance, they are able to go to school or to get up by themselves during the night to go to the
	ANS: B	LO: B	PG: 77	EPAS: 2.1.7, 2.1.7a, 2.1.7b
16.	to pay for ab A. <i>Roe</i> B. <i>Web</i> C. <i>Harr</i>		t	Congress and individual states could legally refuse
	ANS: C	LO: C	PG: 81	EPAS: 2.1.2a, 2.1.2c, 2.1.7, 2.1.7a, 2.1.7b

17. Which one of the following countries prohibits abortions:

- A. Portugal
- B. Nicaragua
- C. France
- D. Poland

ANS: D LO: C PG: 82 EPAS: 2.1.2a, 2.1.2c, 2.1.5, 2.1.7, 2.1.7a, 2.1.7b

18. Which of the following is true regarding embryonic stem cell research:

- A. Individual states have the authority to pass laws to permit research using state funds
- B. The first fetal cell transplant for Parkinson's disease was performed for the first time in 2002
- C. They are taken from an 8-day-old embryo

ANS: A LO: C PG: 84-85 EPAS: 2.1.2a, 2.1.2c, 2.1.7, 2.1.7a, 2.1.7b

- 19. Approximately _____ percent of abortions are performed at or before 12 weeks gestation.
 - A. 58
 - B. 68
 - C. 78
 - D. 88

ANS: D	LO: C	PG: 86	EPAS: 2.1.2a, 2.1.2c, 2.1.7, 2.1.7a, 2.1.7b
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- 20. Which of the following is true:
 - A. Non-Hispanic women are 60 percent more likely to have abortions than Hispanic women
 - B. Twenty-five percent of women who have abortions had used a contraception method during the month they became pregnant
 - C. Approximately 33 percent of all abortions are performed on teenage girls
 - D. Sixty-five percent of women having an abortion reported having a religious affiliation

ANS: D LO: C PG: 86 EPAS: 2.1.2a, 2.1.2c, 2.1.7, 2.1.7a, 2.1.7b

- 21. The following is true about vacuum aspiration:
 - A. This is considered a second trimester abortion
 - B. The procedure is used up to 16 weeks after a missed period
 - C. The entire procedure takes approximately one hour
 - D. Most are performed in a hospital under general anesthesia

ANS: B LO: C PG: 87 EPAS: 2.1.2a, 2.1.2c, 2.1.7, 2.1.7a, 2.1.7b

22. _____ was formerly referred to as RU-486, it triggers a deterioration of the uterine lining, and was approved by the U.S. Federal Drug Administration for use as an abortion drug in 2000.

- A. Mifepristone
- B. Laminaria
- C. Methotrexate
- D. Misoprostol

ANS: A	LO: C	PG: 88	EPAS: 2.1.7, 2.1.7a, 2.1.7b
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23.	Approximate A. 3 B. 5 C. 11 D. 22	ly perc	ent of couples in	the United States are infertile.
	ANS: C	LO: C	PG: 93	EPAS: 2.1.7, 2.1.7a, 2.1.7b
24.	A.It canB.OftenC.It is a	n be caused by n results from s	tumors exually transmitt the female reprod	
	ANS: D	LO: C	PG: 94	EPAS: 2.1.7, 2.1.7a, 2.1.7b
25.	A.A lowB.ReacC.Vario	w sperm count tions to such dr cose veins in th	infertility in mer rugs as alcohol, r e scrotum and te ty of sperm to sw	narcotics, or marijuana stes
	ANS: A	LO: C	PG: 94	EPAS: 2.1.7, 2.1.7a, 2.1.7b
			True or Fal	se Questions
1.	The typical e	jaculate contain	ns a maximum of	90 million sperm.
	ANS: F	LO: A	PG: 57	EPAS: 2.1.7, 2.1.7a, 2.1.7b
2.	It is possible	for sperm to re	main viable for u	up to 72 hours.
	ANS: T	LO: A	PG: 57	EPAS: 2.1.7, 2.1.7a, 2.1.7b
3.	Lab pregnand	cy tests can det	ect HCG in urine	e as early as 8 days after conception.
	ANS: T	LO: A	PG: 58	EPAS: 2.1.7, 2.1.7a, 2.1.7b
4.	Viability is an especially important concept during the first trimester of pregnancy.			
	ANS: F	LO: A	PG: 59	EPAS: 2.1.7, 2.1.7a, 2.1.7b
5.	Symptoms of	f folic acid defi	ciency are anemi	a and fatigue.
	ANS: T	LO: A	PG: 59	EPAS: 2.1.7, 2.1.7a, 2.1.7b, 2.1.10i
6.	Over-the-cou and their bab	•	h as aspirin, hav	e been found to be harmful to some pregnant mothers
	ANS: T	LO: A	PG: 60	EPAS: 2.1.7, 2.1.7a, 2.1.7b, 2.1.10i

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7.	Spina bifida is a condition in which the spinal column has not fused shut.					
	ANS: T	LO: A	PG: 62	EPAS: 2.1.7, 2.1.7a, 2.1.7b, 2.1.10e		
8.	Umbilical cord assessment involves using high frequency sound waves to produce an actual picture of the fetus within the womb.					
	ANS: F	LO: A	PG: 62	EPAS: 2.1.7, 2.1.7a, 2.1.7b		
9.	Chorionic vill	i sampling is a m	ethod for diagno	osing defects in the developing fetus.		
	ANS: T	LO: A	PG: 62	EPAS: 2.1.7, 2.1.7a, 2.1.7b		
10.	Approximatel	y 20 percent of a	ll pregnancies re	sult in spontaneous abortion.		
	ANS: T	LO: A	PG: 64	EPAS: 2.1.7, 2.1.7a, 2.1.7b		
11.	Babies are actually born during the third stage of labor.					
	ANS: F	LO: A	PG: 65	EPAS: 2.1.7, 2.1.7a, 2.1.7b		
12.	Babies born w	vith their heads en	merging first is r	eferred to as a breech presentation.		
	ANS: F	LO: A	PG: 66	EPAS: 2.1.7, 2.1.7a, 2.1.7b		
13.	The Brazelton Neonatal Behavioral Assessment Scale is administered immediately after birth.					
	ANS: F	LO: A	PG: 67	EPAS: 2.1.7, 2.1.7a, 2.1.7b, 2.1.10e		
14.	The Babinski reflex involves the stretching, fanning movement of the toes whenever the infant is stroked on the bottom of his or her feet.					
	ANS: T	LO: A	PG: 70	EPAS: 2.1.7, 2.1.7a, 2.1.7b		
15.	One of the major concepts involved in understanding the process of human development is the importance of individual differences.					
	ANS: T	LO: B	PG: 71	EPAS: 2.1.7, 2.1.7a, 2.1.7b		
16.	Very few theorists believe that the environment is a crucial influence on development.					
	ANS: F	LO: B	PG: 71	EPAS: 2.1.7, 2.1.7a, 2.1.7b		
17.	Four-month-of	ld babies are able	e to sit alone with	hout being supported.		
	ANS: F	LO: B	PG: 72	EPAS: 2.1.7, 2.1.7a, 2.1.7b		
18.	By age 18 more	nths, a baby can	walk and descen	d stairs by crawling down backwards.		
	ANS: T	LO: B	PG: 73	EPAS: 2.1.7, 2.1.7a, 2.1.7b		

19.	At age 2, children tend to play alongside of each other, but not with each other in a cooperative fashion.
	ANS: T LO: B PG: 74 EPAS: 2.1.7, 2.1.7a, 2.1.7b
20.	Three-year-olds tend to pay close attention to the adults around them and are eager to please.
	ANS: T LO: B PG: 75 EPAS: 2.1.7, 2.1.7a, 2.1.7b
21.	Ages 6 to 8 is the period that frequently becomes the finale of the games and play of childhood.
	ANS: F LO: B PG: 77 EPAS: 2.1.7, 2.1.7a, 2.1.7b
22.	The National Association of Social Workers' (NASW) position concerning abortion services is based on the principle of self-determination.
	ANS: T LO: C PG: 80 EPAS: 2.1.2a, 2.1.7, 2.1.7a, 2.1.7b
23.	Congress has passed a law that makes blocking access to women's clinics a crime punishable by prison terms and/or fines.
	ANS: T LO: C PG: 84 EPAS: 2.1.2a, 2.1.2c, 2.1.7, 2.1.7a, 2.1.7b
24.	RU 486 was approved by the Federal Drug Administration in 2008.
	ANS: F LO: C PG: 88 EPAS: 2.1.7, 2.1.7a, 2.1.7b
25.	Second-trimester abortions are more complicated and involve greater risks than first-trimester abortions.
	ANS: T LO: C PG: 88 EPAS: 2.1.7, 2.1.7a, 2.1.7b
26.	Dilation and evacuation is an abortion method which must be performed in the first trimester of pregnancy.
	ANS: F LO: C PG: 88 EPAS: 2.1.7, 2.1.7a, 2.1.7b
27.	Research has shown that serious psychological distress is far more prevalent after having an abortion than the occurrence of postpartum depression in women who carry their pregnancies to term.
	ANS: F LO: C PG: 89 EPAS: 2.1.4, 2.1.7, 2.1.7a, 2.1.7b
28.	The primary cause of infertility in women involves difficulties with ovulation.
	ANS: T LO: C PG: 93 EPAS: 2.1.7, 2.1.7a, 2.1.7b
29.	Direct sperm injections are seldom used when men have exceptionally low sperm counts or large numbers of abnormal sperm.
	ANS: F LO: C PG: 97 EPAS: 2.1.7, 2.1.7a, 2.1.7b, 2.1.10g

30. A woman may function as a surrogate without using her own genetic material.

ANS: T LO: C PG: 98 EPAS: 2.1.7, 2.1.7a, 2.1.7b, 2.1.10g

31. Fertilization enhancement techniques are now relatively inexpensive processes.

ANS: F	LO: C	PG: 99	EPAS: 2.1.5a, 2.1.5b, 2.1.5c, 2.1.7, 2.1.7a,
			2.1.7b

32. The first level involved in the feminist treatment of infertility addresses the general social attitudes about infertility and expectations about what infertile women should do.

ANS: F LO: C PG: 100 EPAS: 2.1.5b, 2.1.7, 2.1.7a, 2.1.7b

Discussion Topics or Essay Questions

1. Discuss the prenatal factors that can influence the health and development of the fetus.

ANS: N/A LO: A PG: 59 EPAS: 2.1.7, 2.1.7a, 2.1.7b, 2.1.10i

2. Should a pregnant woman who consumes illegal drugs that damage her child be punished as a criminal? Should her child be taken from her? If so, with whom should the child be placed?

ANS: N/A LO: A PG: 60 EPAS: 2.1.2, 2.1.7, 2.1.7a, 2.1.7b, 2.1.10i

3. List the advantages and disadvantages of each of the following prenatal tests: (a) ultrasound, (b) amniocentesis, (c) chorionic villi sampling.

ANS: N/A LO: A PG: 62 EPAS: 2.1.7, 2.1.7a, 2.1.7b

4. Describe how social work practitioners can help low income women overcome the obstacles in the macro environment for greater access to prenatal care.

ANS: N/A LO: A PG: 63 EPAS: 2.1.5b, 2.1.7, 2.1.7a, 2.1.7b, 2.1.10k

5. How does the United States compare to other nations in regard to low-birth-weight infants? What are the reasons?

ANS: N/A LO: A PG: 69 EPAS: 2.1.5a, 2.1.7, 2.1.7a, 2.1.7b

6. Explain the Nature-Nurture controversy in human development.

ANS: N/A LO: B PG: 71 EPAS: 2.1.7, 2.1.7a, 2.1.7b

7. Why is knowledge of human development and developmental milestones relevant to social work?

ANS: N/A LO: B PG: 71 EPAS: 2.1.7, 2.1.7a, 2.1.7b, 2.1.10e

8. Describe the major normal developmental milestones attained by a 4-month old child.

ANS: N/A LO: B PG: 72 EPAS: 2.1.7, 2.1.7a, 2.1.7b

9. Cite the major normal developmental milestones attained by a 1-year-old child.

ANS: N/A	LO: B	PG: 73	EPAS: 2.1.7, 2.1.7a, 2.1.7b
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10. Explain the major normal developmental milestones attained by a 5-year-old child.

ANS: N/A LO: B PG: 75-76 EPAS: 2.1.7, 2.1.7a, 2.1.7b

11. Summarize and discuss the arguments for pro-choice and for anti-abortion. Where do you stand on this issue?

ANS: N/A LO: C PG: 77-84 EPAS: 2.1.2, 2.1.2a, 2.1.2c, 2.1.7, 2.1.7a, 2.1.7b

12. Describe the positive developments and the concerns regarding stem cell research. What is your opinion about using embryonic stem cells for research?

ANS: N/A LO: C PG: 84-85 EPAS: 2.1.1e, 2.1.2, 2.1.7, 2.1.7a, 2.1.7b

13. Identify and describe the roles social workers can assume when helping women with unwanted pregnancies.

ANS: N/A LO: C PG: 90 EPAS: 2.1.1c, 2.1.2a, 2.1.2b, 2.1.2c, 2.1.2d, 2.1.7, 2.1.7a, 2.1.7b

14. Consider the following situation:

A 32-year-old woman with a severe cognitive disability becomes pregnant. She is unable to take care of herself independently. However, she has been easy prey to men as she seeks attention and has a history of numerous sexual encounters. Her genetic background indicates that she would probably have a child with a cognitive disability. It is clear that she would be unable to care for any child herself.

How would you apply the hierarchy of ethical principles described in the text to determine what might be done in this situation?

ANS: N/A LO: C PG: 90-92 EPAS: 2.1.1e, 2.1.2, 2.1.2a, 2.1.2b, 2.1.2c, 2.1.2d, 2.1.7, 2.1.7a, 2.1.7b

15. Discuss and assess the pros and cons of the options available to infertile couples today.

ANS: N/A LO: C PG: 95-98 EPAS: 2.1.2, 2.1.7, 2.1.7a, 2.1.7b, 2.1.10g